

South Hill Parish October news update.

Autumn has taken centre stage and the parish hall has a full and varied range of activities for all age groups and interests. Please support the community events so we can continue to attract great plays, Car Boot sales, Fun Days in The Park, Bingo, Fabric Sales, and more.

Santa is looking to visit on his sleigh on December 19th. Make sure to mark your diaries with these event dates.

Bingo Saturday 17th Doors open at 6:30pm
1st game at 7pm £10 includes 8 games of bingo.
Bring your own snacks and drinks.
Raising funds for Callington care homes residents activities, and having lots of fun.

Our **Community Coffee Mornings** have been a resounding success, and we'd like to say a huge thank you to everyone for coming along. The parish hall has been full with conversation, laughter and new friendships, with people of all ages joining us – from a baby right through to the older folks in the area. It's lovely to see people from neighbouring parishes join us and meeting people for the first time, plus old friends catching up, and everyone enjoying coffee, cake and good company in such a warm, relaxed atmosphere.

The feedback has been overwhelmingly positive.

We're delighted to say the hall has been booked for the last Thursday of the month starting at 10:30am October 29th, November 26th, December 31st and into 2027.

One of the best ways to help our community grow is simply by spreading the word. Please let your neighbours, friends and family know. A personal invitation can make all the difference, especially for someone who may be living alone or new to the area.

Whether you're coming back or joining us for the first time, we'd love to see you. Pop in for a coffee, a slice of cake and a friendly chat – there's always a warm welcome waiting. ☕



JOIN US FOR A

BINGO

NIGHT

An evening of 8 games, prizes and friendly competition

**SATURDAY**
17TH OCTOBER

**DOORS 6:30PM**
First game 7pm

**£10**
INCLUDES YOUR
8 games of bingo

£1 A RAFFLE STRIP

**GOLBERDON VILLAGE HALL**
golberdon, callington PL177ND

TO RAISE MONEY FOR THE ACTIVITIES FUND FOR ADDISON PARK AND CHYVARHAS CARE HOMES IN CALLINGTON.

**South Hill Community Coffee Morning**
Everyone welcome!

Join us for a relaxed and friendly morning with coffee, cake and plenty of conversation.
It's a great chance to catch up with friends, meet new people and be part of our community.
Your friends and family are always welcome too – why not bring your visitors along?

**Date for Your Diary**
Thursday 29th October
10.30am
South Hill Parish Hall, Golberdon PL17 7ND

Come on your own and you'll be given a warm welcome!

No charge – just come along and enjoy!

If you live in the parish and need a lift, we will try to help.

Browse our Community Table – homemade treats, crafts and other little treasures. Donations help keep our Coffee Morning going.



Good Neighbours ♥ Stronger Together ♥ All Are Welcome

The morning sunshine has been replaced with misty colder starts to the day and shorter dark evenings. Nature is alive with activity as species prepare for winter, making it the perfect time to boot up and walk the footpaths and visit the community orchard for some wildlife spotting. Visit [Footpath Walks | South Hill Connection](#) for inspiration on walks.... Or on the home page there's a search button so you can find walks in an area. <https://south-hill.co.uk>

Saturday 24th October

St Sampson's Stroll

Community Dog Walk
With A-Z Nature Spotting Game

Join us at: St Sampsons Church, South Hill, Callington, PL17LP.
10.00 for 10.30 am start approx 4-5 miles



Adults £5.00 entry Children Free
Additional sponsorship donations are welcome via the QR code below
Refreshments will be available on return to the Church
Proceeds to St Sampson's Church and Bits and Bobs Hedgehog Rescue






Open Day
Jubilee Orchard
///puddings.drain.gearing

Sat Oct. 24th

11 am - 1 ish

Weeding around apple trees
Plant around the new pond
Check soil quality, name plants
& fun activities for all ages



A couple hours work & lots of fun.
Just turn up or call Ali 07305 044049

✨ **Immersive Gong Sound Journeys** ✨
✨ **Heart-Centred Circles** ✨
Parish Hall - Golberdon Village

Deep rest • Connection • Time just for you

Deeply Restorative Gong Journeys
Heart-Centred Circles for Connection and Reflection

October 2026 - Booking Now

Gong Sound Journeys
• Saturday 10th • 7pm - 8:30pm
• Friday 16th • 10:30am - 12 noon

Heart-Centred Circles + Gong Bath
• Tuesday 27th • 6:30pm - 8:45pm
• Friday 30th • 10:30am - 12:45pm



Exchange £15 • First Session Free

Find Out More and Book Your Space at:
Beacons-of-Light.org/bookings
or Send Me a Message



SPIRAL STONE

SACRED WOMEN'S DRUM CIRCLE

Feel the magic
Heart to heart, drum to drum



EVERY 2ND MONDAY OF THE MONTH
7-9 PM
£10

SOUTH HILL PARISH HALL
PL17 7ND

Next circle Monday 12th October 2026

Please contact Jo to book
spiralstonedrumming@gmail.com
Facebook - Spiral Stone Drum Circles-Cornwall

You'll be made very welcome at these sessions.

Why not take a look.

See Whats On here

southhillparishhall.org.uk/whats-on

To book your event at the hall, contact Paula
07977 156966
bookings@southhillparishhall.org.uk

Outside the parish, but well worth a visit if you are trying to be “greener”.



WE ARE CORNWALL

Imagining the future

FREE CLIMATE EVENT

Keynote speaker Rob Hopkins
Co-founder Transition Network and author

Workshops

- Community energy
- Nature recovery
- Food security
- Climate preparedness

Bringing together individuals, community groups, charities, environmental organisations and local leaders **from across Cornwall**

- Share ideas, experiences and learning
- Strengthen resilience to the climate emergency
- Build momentum for collective action

SATURDAY 31 OCT 2026
11am - 4pm

Truro Methodist Church
18 Union Place
Truro, TR1 1EP

Book at Eventbrite → 

    



Plymouth Green Open Homes



Saturday 10th & Sunday 11th October
10am to 4pm

Visit homes and projects locally that have improved their energy efficiency and sustainability for a brighter, greener future

 CLIMATE CONNECTIONS
 Plymouth Energy COMMUNITY

Scan here to find out more or visit tinyurl.com/PlymouthGreenOpenHomes26



Part of Eco Open Homes Devon




People's Emergency Briefing

On the climate and nature crisis

North Hill

North Hill Village Hall
6th November 7pm

Come along watch the film and join the discussion

www.nebriefing.org

Must see film on the climate and nature crisis... ..
Followed by discussion about what can be done locally.



SHARE

South Hill Association for Renewable Energy
est. 2015



Community Energy Group supporting Sustainability & Renewable Energy

For membership SHARE@south-hill.co.uk www.south-hill.co.uk/SHARE

SHARE AGM minutes and meeting notes will be emailed soon. A summary from the guest speakers, Andy Nevil discussing his energy efficient home and how you can do something similar, we have FREE retrofit guides for anyone interested... and Graham Bevan presenting the proposed Local Community Energy project and grant application for a feasibility study. Want to learn more? email SHARE@south-hill.co.uk
Want to be a member for £1 email SHARE

The Future of CORNISH METALS
on SATURDAY 14th NOVEMBER
at Ashtorre Rock Centre, Saltash PL12 4GT



See LT in action at [Learning Tracks YouTube](#). Entry by **DONATION**, suggested minimum £10 per family/small group.



© C. Stephenson 2026 with Polkerris Cubs Group 1

10.30 Doors Open

Morning - 11 to 12.30
 Learning Tracks activities,
 with a **Child or Children** in
 your group (up to 5 people)
 ← age 9 yrs & under

Afternoon - 13.00 to 16.30
 age 10+ e.g. **Teens & Adults**
 (bring lunch with you)

13.00 Relaxed presentation
 over food then a walk
 outside to explain how
 Learning Tracks & Community Conversations
 offer a framework for
 serious debate and action.

15.00 to 16.30 max
 Screening of The Phoenix
 Moment Drama in Films
 Further details from
cjs@themeadowbarns.co.uk



7 Serious Questions
 of our Time
 concerning
 Welfare of
 People,
 Environ
 ment,
 and 'Governance' (ESG)

And something for babies and toddlers...

SAMPSON'S SUPERTOTS
 For Pre-school children of
 any age, accompanied by
 a parent or carer

Golberdon Parish Hall, Callington PL17 7ND
 Monday morning (Term time only)
 9.30am - 11.30am Drop-in anytime

Toys - Games - Craft - Refreshments -
 Stories - Songs - Friendship

Suggested donation 50p per child
 Organised by St Sampson's Parish Church

FunkyMunky Music Kids Fun
Tuesday's in Golberdon

Lots of songs, dance, props and fun surprises along the way!
 South Hill Parish Hall, Golberdon PL177ND
 Doors open 10am Music 10:30-11:30am
 £6 per child | £3 siblings
 Siblings under 1 FREE
 Cash or card Ample Free parking
 No nuts as snacks, please
 No booking — just turn up!
 Any questions message Meg on 07356225236
 Come and have a boogie with us!

Callington  **Repair Café**

 **Our Next Session is**
Saturday 10th October
2pm til 5pm 

Having problems with your laptop, mobile phone, tablet or iPad?

 

Running slow?
 Storage problems?
 Need help with general tech questions and more, come in and ask



Part of Cornwall Council Repair Café Network

CALLINGTON Repair Cafe this Saturday 10th 2 - 5pm and every 2nd Saturday. At The Mustard Seed, the bottom of Church Street. There are a couple people eager to fix your clothes, hand stitched or sewing machine repairs. IT problems, no problem for our fixer, ask any questions and they'll get you sorted out. Electrical issues, loose wire, broken ornament, clock stood still, chair wont stand still, and our most popular items are hoovers and toasters.... Whatever you have **DONT BIN IT FIX IT....** and stay for a cuppa and chat.

Stoke Climsland Repair Cafe the 3rd Saturday of every month 9:30 – 12:30 at the Old School.

South Hill Piecemakers hosted a successful Doughtys Fabric Sale on Saturday 3rd they also had on display some of the **91 quilts** they made for **PROJECT LINUS UK..** which provides homemade quilts and blankets to children in hospitals, hospices, women's refuges, foster care, special schools, bereavement services and many other places where support is given to children 'in need of a hug'



South Hill Parish Council meetings at the Parish Hall

3rd Tuesday 7:30pm

www.south-hill-pc.gov.uk/index

Consider becoming a parish councillor

There are vacancies that need filling.



That's all folks

editor@south-hill.co.uk