### The South Hill Connection Newsletter

September 2024

Issue 128

#### **September events**

7<sup>th</sup> Cornish Bards Gorsedh event All invited to Callington school 9 - 5

Stalls & Entertainment and refreshments, with Callington Town Band, Cornwall Youth Choirs, Kelliwik Golowi and Cornish Wrestling, Gorsedh Bardic Ceremony and followed by **Gorsedh**Concert tickets <a href="https://www.ticketsource.co.uk/esedhvos-kernow/t-noevzxq">www.ticketsource.co.uk/esedhvos-kernow/t-noevzxq</a>

# 14th South Hill Hall Committee HARVEST SUPPER 7:15pm

21<sup>st</sup> South Hill PieceMakers group Open Day 10:30am – 4pm a

Patchwork & Quilting group, new members always welcome, beginners or experienced sewers. At the parish hall ...
All Welcome, come and have a look.

21<sup>st</sup> Town Band, Cream Teas & Dog Show at St Sampson's church 2pm

28<sup>th</sup> Callington Honey Fair

Do you like spreadsheets?

The CONNECTION Team.

Needs a new Advertising Liaison to track payments & send reminders.

We look forward to hearing from you at editor@south-hill.co.uk or Ali 07305 044049

For the October newsletter please send your articles, by September 15<sup>th</sup> Thank You.

This is our web site.

https://south-hill.co.uk Our advertisers Recycling for Charity project our Facebook group

Parish hall web site
Parish council web site

**Cheesewring Cricket Club at Golberdon**HOME fixtures

September Sunday matches 1<sup>st</sup> and 8<sup>th</sup> both 11am start Updates will be posted on FB



What a fantastic day at South Hill Horticultural Show on August 17<sup>th</sup>. Outside there were stalls and miniature donkeys, inside the hall were cream teas and it was a feast for the eyes from delicious looking cakes and bakes, stunning plants and cut flowers, an array of fantastic vegetables, amazing handicrafts, beautiful photos and brilliant, fun children's crafts. Well done to everyone who entered showcasing the talent we have in the local area. Dan Smith presented the trophies. Thank you to everyone for entering, for visiting the hall, the committee, judges and sponsors. Without you all this long standing community event wouldn't happen. Well done everyone!

Photo- Trophy winners for 2024 show X



Lots of photos on the show FB page www.facebook.com/southhillshow



Cold meat buffet with salads, vegan options, dessert, tea & coffee

**Entertainment** 

**Bring Your Own Drinks** 

Please donate items for the Auction & Raffle

Items can be dropped off ahead of time Thank You in advance for your generousity.

Please let the hall committee know if you'd like to help with this event or others.
richard.squires@cornwall.ac.uk

<u>richard.squires@cornwall.ac.uk</u> Richard, Paula, Graham, Ali, Dennis, Kim, Chris, Hilary



TOWN BAND CREAM TEA WITH SCONES DOG EVENT



## BAND, SCONES & DOGS

Callington Town Band with a Cream Tea.

Mutt Strutt – prizes to be won, bring your dog and join the fun!

#### SATURDAY 21 SEPTEMBER

ST. SAMPSON'S CHURCH - SOUTH HILL

FROM 2 PM



### The Calstock Parish Footpath Society

regular walks, inc. evenings & dog friendly plus monitor Calstock parish footpaths and free walk guides and more will be on their web site <a href="mailto:calstockfootpathsoc.org.uk">calstockfootpathsoc.org.uk</a>

#### A Walk & Talk 1st September 2pm

From Harrowbarrow village hall car park
About 2.5 miles through lanes, FPs, Mining
Heritage land. Dogs welcome on static leads.
Refreshments after and a short talk.

calstockfootpath@gmail.com

# SHARE South Hill Association for Renewal Energy. It's the AGM South Hill Association for Renewal Energy. It's the AGM MONDAY September 23<sup>rd</sup> 7:30pm

At the Parish Hall, Golberdon....

At the AGM as always the DIRECTORS STAND DOWN

Renewable Energy

This time not all directors are standing for re-election.

If you are interested in putting your name forward to keep this group achieving the aims and visions contact David Skelton now. (Latest Sept. 8<sup>th</sup>) 07776 386828 <u>dave@pencashna.com</u>

**This is more than the usual "can you help" plea.** SHARE is pretty proud of it's first ten years of operation, but as a legally incorporated Community Benefit Society, we are obliged to have at least 3 Directors (Rule 61). Ideally, Directors are elected at the AGM, but they can be "co-opted" by the remaining Directors. If we can't do so, then SHARE cannot continue and will need to be dissolved and all its activities stopped. With all the incredible work than SHARE has achieved over the last ten years, this would be a tragedy.

Since 2014, SHARE has raised funds for itself and for charity to the tune of well over £100,000. From the beginnings with the Parish Hall solar power, it has reused its Feed In Tariff income and its ability to access loans and grants to:

- Provide solar power and battery storage to the Hall
- Fund, install and fully repay a 250 panel system at Church Park
- Supply firewood and wood chips for the last seven years
- Raise £15,000 for charity via the Recycling project
- Organised many visits, established networks with similar groups and arranged swap events for clothes and toys
- Planted hundreds of trees and created an Orchard

Right now, SHARE has paid off all its debts, has a regular income of over £5000 per year and reserves of over £20,000. Please don't make us shut SHARE down, as all of the above would stop and the assets would have to be handed over to some other organisation (Rule 100). Instead, SHARE just needs some help. We urgently need at least one more Director, and a bookkeeper to manage the accounts.

#### **SHARE AIMS to continue to support:**

- Local households to make energy and money saving changes
- Look for land to create a community wood and existing woodland to manage
- Promote energy efficiency & encourage the delivery of all energy with renewable technology
- Encourage low carbon modes of transport to reduce emissions, less travel, and car sharing
- Engage with existing members, explore new projects and encourage new members

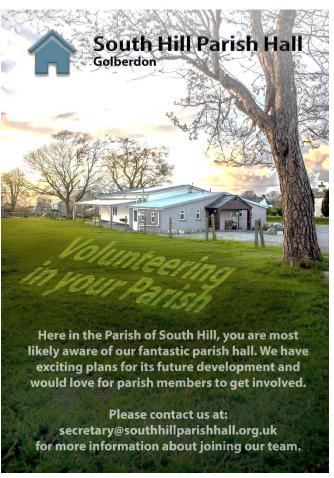
#### The more people step up to help, the more can be achieved.

We need Directors, Project Leaders, Thinkers, Workers, Members to discuss and vote.

#### Not yet a member?

Live or work in the parish, a Full Membership costs £2 Don't live or work in the parish an Associate Membership costs £1 (one-off payment) SHARE Membership forms are available from our website <a href="http://south-hill.co.uk/share">http://south-hill.co.uk/share</a> or from Secretary Astrid Fischer at 01579 383620

Nominations for the role of Directors need to be with us by Sunday 8<sup>th</sup> September. See you at the AGM. SHARE@south-hill.co.uk





Callington Lions Honey Fair. Sat. 28th

As the only town in Cornwall that still retains a Honey Fair, the streets of Callington are given over to craft stalls, a Town Crier competition, live music, a fun fair and those all important honey competitions. Always a friendly community event, many local charities and organisations participate and the Town's churches join in with exhibitions.

The fair has been running annually since 1267 until the 1940's and was brought back to life in 1978 and is well supported.

Gorsedh Concert on Saturday 7<sup>th</sup>
September 2024 at Callington
Community College.

Featuring the renowned, nine-piece singing sensation Barrett's Privateers,

Cornish traditional music trailblazers

DALLA Duo and

pioneering electro-folk artist Martha Woods Music.

Additional sounds and stunning visuals provided by Stone Club.

https://www.ticketsource.co.uk/esedhvoskernow/t-noevzxq Facebook group



#### New advertiser

RADLAND BUILDING SUPPLIES, is an independent and family run builders merchant located in Station Yard, Kelly Bray, Callington (The Old Coal Yard) behind Marquands. We not only have excellent stocks of all the

We not only have excellent stocks of all the building materials and garden materials you may need but also at the most competitive prices!!!

We sell to both Trade and DIY customers

01579 350622

info@radlandbuildingsupplies.com

radlandbuildingsupplies.com

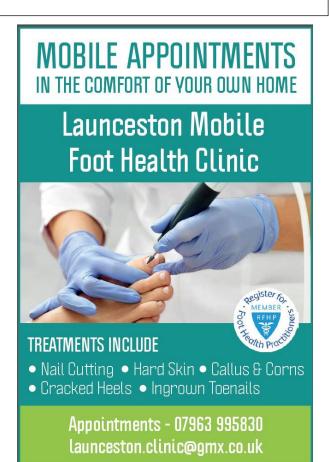
#### **HOME CLEAR**

Could you benefit from our Personal Home Organisation and Clutter Clearing Services?

We'll help you to clear the clutter and organise what remains, we are also licenced to take the waste away... leaving you with a refreshed and functionable space, so you can relax at home again.

Female owned, registered local business, our prices are transparent on our website and what's more, we love what we do! - do get in touch if we can we help you. Prices (homeclear.org.uk)

07955 650218





DELIVERING PROFESSIONAL CONSTRUCTION CONTRACTS

#### Need Help in Your Garden?

Thomas Robbins from Golberdon is offering weekend help in your garden or allotment.

I will be happy to weed, cut grass, dig any area over, trim hedges etc.

I can provide some tools, but not a lawnmower.
Because I'm 17 and just helping others for small remuneration, I have not looked into insurance.

My area is within a five mile radius of

Golberdon

Phone **07934 749 210** Thank you. Thomas.

What do we do? (thefamilybusinessoutreach.co.uk)

Do you need help with day to day activities?

Would you like someone to run you to the shops and back as opposed to Tesco delivering?

Would it help for someone to pick up your prescription or get you to that doctors/dentist appointment?

Give a bit of a hand at home, like helping change the bed? Or doing a bit of housework?

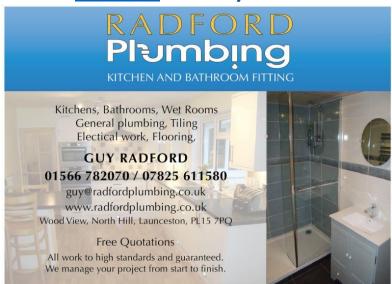
Do you need someone to help with organising appointments or dealing with paperwork?

All our staff are DBS checked, covered by public liability insurance and have up to date Level 3 First Aid qualifications.

Why not give us a ring? Lesley 01566 782809

We charge a flat hourly rate (£15.00 per hour) plus any incurred travel costs ie parking and mileage at 45p per mile.

#### Now on Facebook Give Guy Radford a LIKE





Thanksgiving service for our animals

Celebrating God's gift of pets and animals of all kinds

Sunday 25th September 10am

Pennywort Mill,

Trewassick, South Hill

PL17 7LT

You are invited to join in a short informal service and meet the miniature donkeys,

goats, ducks and chickens

followed by refreshments

All animals welcome - dogs on leads please.

Bring a photo of your pet past or present



**H & H Osteopath** - Your local clinic for musculoskeletal pain, providing Osteopathic treatment and Red light laser therapy. **The Arcade. New Rd. Callington**. Osteopathy is a method of diagnosis and treatment for a wide range of medical conditions. An Osteopath works with the structure and relative function of the body using manual therapy techniques including manipulation, joint mobilisation, stretching and massage to enhance blood flow, nerve supply, relieve muscle tension and increase mobility to promote recovery and healing. It is a combined therapy which can treat acute and chronic pain.

Some of the conditions we see, including new injury or pre-existing injury. Back pain - neck pain - foot/ ankle pain - nerve pain - arthritis - pelvic girdle pain - headaches - soft tissue injury - occupational repetitive injury - tendinopathy - achilles tendinitis - shoulder pain - carpel tunnel - muscle spasm and more. Management of your symptoms, will help manage your pain, and improve quality of life.

Combined Osteopathy complimented with laser therapy, can help speed up recovery time. H and H Clinic is just across from New Rd car park Callington with easy access and accessible parking. Phone 07794 472252

H and H Osteopath really helped with my back and hip pain! I cannot recommend this lady highly enough. I've been in pain for years, struggling with sleep, feeling like I was dragging a toddler around on my leg etc. I've had no relief from my visits to the Dr's, so as a last resort thought I'd try an Osteopath. I wish it had been my first place to try! It is absolutely amazing how much better I feel. Claire.



To hire The South Hill Parish Hall, GOLBERDON

You can check availability on the hall web site calendar here www.southhillparishhall. org.uk/whats-on/

Read the hall hiring info & use the hall booking form or email Paula at bookings@southhillparish hall.org.uk

Prices include heating and electricity. Discount rates for regular users.

## South Hill Parish Council

The Parish Council don't have their monthly meeting in August, so no report.

For fully accurate information as to council meetings readers should consult the minutes of council meetings at www.south-hill-pc.gov.uk.

**All communication** should be directed to Jenny Hoskin (Parish Clerk) Telephone 07810 234417, email <a href="mailto:southhillpcclerk@gmail.com">southhillpcclerk@gmail.com</a> or write to Branston Farm, Bodmin Road, Bodmin PL30 4BB



#### St Sampson's church

#### Everyone likes a quiz, how many questions can you get right?

- 1. Who pays for the upkeep of St Sampson's churchyard?
- A. South Hill Parish Council
- B. Your taxes
- C. The Congregation of St Sampson's
- D. Church of England funds
- 2. What is the annual cost of grass cutting?
- A. £500
- B £750
- C. £1000
- D. £1260
- 3. Who has a right to be buried in the churchyard?
- A. People who go to church
- B. Those whose names are on the church electoral role
- C. Residents of South Hill
- D. Those dying in the parish
- E. Friends of the churchwarden
- F. Vicars discretion
- 4. Who can join St S living churchyard group?
- A. Anyone
- B. Anyone
- C. Anyone
- D. Anyone

#### Answers:

1.C

2.D

3.B,C,D,F

4.A,B,C,D

We are a small group at St Sampsons Church, who do our best to maintain the acre of land, respecting the needs of the departed, family and friends visiting and nature and wildlife. As a living church yard, we want to encourage wildlife, flowers and insects to thrive and have noticed an increase in







species during the three years we have been leaving the flowers and grass to grow during the summer months. It is an evolving project, and we don't always get the balance right. Please talk to us if you have concerns.

Managing the churchyard is a big task for a small number of people with limited finance. Contrary to some people's belief, your taxes do not pay for it, nor do Church of England give funds for it. South Hill Parish Council helps towards the £1260, with a discretionary contribution of £400, but the rest is funded out of the pockets of the congregation and the cost rises each year. We have a paid contractor who does the regular grass cutting, with an agreed plan, but other tasks are done by congregation members and volunteers.

The Churchyard and how it is managed is the responsibility of St Sampson's church council, but it is an important community asset and South Hill Parish Council recognises this with its financial help and inclusion in the parish council's cut carbon plan, which St Sampson's is delighted to be part of. <a href="https://www.south-hill-pc.gov.uk/data/uploads/778">https://www.south-hill-pc.gov.uk/data/uploads/778</a> 792974743.pdf St Sampson's Church & churchyard is here for the whole community.

The living churchyard group is made up of volunteers, both church goers and others in the community. This is a very practical group who agree on a grass cutting regime, and other churchyard tasks. All of us are passionate about nature and the importance of this special uncultivated habitat, whilst respecting that it is a burial site.

There is a working party who meet on the last Saturday of each month from 10am to 12pm, (weather and people available permitting) to work on specific areas in the churchyard which are not part of the regular grass cutting regime. Everyone is welcome. I know many of you have loved ones buried here and want the churchyard to be well kept. So do we, but it is a mammoth task for a small group. Come along and speak to us about what we are doing,

and/or join in the work parties.



We have put up bird & bat boxes, installed more benches and cut back brambles and nettles in specific places. There will soon be an interpretation board (all these items have been grant funded from Peoples Post Code Lottery & Tamar valley Area of Outstanding Beauty Sustainable Development Fund & Local giving grants, National Grid Electricity Distribution.



#### Ways you can help

Any donation would help enormously, either a regular direct debit, or a one off donation, that can be used specifically for the churchyard maintenance.

Donate through pay pal

https://paypal.me/stsampsons?country.x=GB&locale.x=en GB Set up a direct debit contact stsampsonssouthhill@gmail.com

Cash, or cheque, made payable to PCC of St Sampsons church South Hill. Contact e mail above for address, or person to give to. Or hand to any member of the congregation.

Join the working party - it doesn't have to be every month.

Adopt a grave or two to keep tidy. Caring for your loved ones grave would be very helpful.

We welcome any other suggestions.

Judith Ayers Churchwarden <a href="mailto:stsampsonssouthhill@gmail.com">stsampsonssouthhill@gmail.com</a>
01579 384617 <a href="mailto:www.callingtoncluster.org">www.callingtoncluster.org</a> Facebook St Sampson's Unlocked

# theWI

## South Hill W.I



This month South Hill WI presented a new addition to the parish. On the field has been placed a new bench. This has been purchased by SHWI as a thank you to Liz and Steve Moir who did so much for our local community and for individuals over the years. The list of things they did to keep this community and beyond active and thriving is very long. The bench is engraved "The Moir Bench" and will serve as a reminder of their kindness. Contributions from the Hall and the Parish council helped us to raise the funds.



The bench is made from recycled plastics and designed to withstand practically everything.

The photograph shows Liz with her two grandchildren sitting on the bench with members of the WI and Andy Budd representing the Parish Council behind.

Our meetings are back to normal now on the first Wednesday of the month at the hall. This month we had the return of Dale for the second time continuing his fascinating and entertaining talk on bees, environmental issues, hornets and more.

#### **SOUTH HILL WI**

The next meeting of South Hill WI will be on Wednesday 4th September in the Parish Hall, Golberdon at 7.00 pm. The speaker will be

Richard Squires talking about the History of Photography

Prospective members are always welcome to come along to a couple of meetings with no commitment. For more information, please contact Jane at southhillwi@gmail.com







It's been a challenging season in the vegetable garden, but The Courgette Glut is once again upon us! Here are a couple of easy ways to use them up



#### COURGETTE SOUP



2 or 3 good sized courgettes, cored 3 Kraft (or similar) cheese triangles 1 pint boiling water 2 chicken stock cubes 1 vegetable stock cube Ground black pepper (be generous)

Put everything together in a pan, and simmer for 25 minutes or so, then blend. Couldn't be easier!

#### **CHOCOLATE COURGETTE CAKE**

This is rather like a chocolate version of ginger cake.

6oz soft margarine

14oz caster sugar

3 eggs

10oz grated courgette (skin removed)

2 tsp vanilla essence

12.5oz plain flour

2.5oz mixture cocoa powder and drinking chocolate

2.5 tsp baking powder

1.5 tsp bicarbonate of soda

1 tsp salt

1 tsp cinnamon

4 fl oz milk

All in one electric mixer - it helps to beat the margarine and sugar together first, really just to make room in the bowl for everything else ... Fills 3 x 1lb loaf tins.

Bake for 45 minutes at 170°C.



#### **RECYCLING FOR CHARITY project.**

Supporting Kick Count and many local charities, schools and good causes. Keep up to date by joining the <u>Facebook group</u> or <u>web page</u>

Here's the list ... ACCEPTED LIST Questions? ask Ali 07305 044049





Your Local Energy from Waste Facility

We have been invited to an indepth tour of the **MVV incinerator** Energy from Waste Facility in Plymouth www.mvv.de/en/about-us/group-of-companies/mvv-umwelt/subsidiaries/mvv-environment-ltd/devonport-efw-chp-facility-plymouth

#### Sept 19th

We'll take the 11:11am train from Gunnislake to St Budeaux and walk the short distance, ½ mile. (or meet there at 12noon)

Free lunch provided.. return train 4:45pm arrives back at Gunnislake at 5:24pm.

If you'd like to join us, let me know ASAP <a href="mailto:iamalihumphreys@yahoo.com">iamalihumphreys@yahoo.com</a> 07305 044049





Thank you to everyone that is saving your drinks cans to raise money for our project to support local good causes. The recently located wheelie bin at the church, by the back gate, is proving very popular.

Plus the dumpy bag in the car park at Lower Moorland View continues to fill up regularly

Plus there is a wheelie bin outside the SHARE shed at Trewoodloe And a bin at Green Meadows.

Recycling for charity **TOY SWAPS** this month have raised £72 which has been donated to St. Sampsons BELL FUND.

Thank you everyone.

Thank you Repair Café repairers for mending a couple toys for us!



**Recycling for Charity** members recently visited DCW Polymers in Exeter to see how they process the 1000's of sweet tubs (Quality Street etc) we sent them and watched how this is made into picnic benches.

This specialist plastic recycling company has teamed up with **South West Water** to deliver a pioneering recycling partnership to reprocess over 320 tonnes of tiny waste biobeads used in waste water treatment otherwise destined for landfill, into new water filtration media.

With the first innovation of its kind, DCW Polymers has piloted a new circular process for the water company, which will ensure its bio-bead products, which would otherwise have been discarded, are now instead being used in a circular way to create new, valuable and useful water treatment filtration media.

South West Water has a small number of BAFF (biological aerated flooded filter) plants installed across its estate. The BAFF plant is a secondary or tertiary treatment stage for wastewater effluent that utilises plastic 'bio-beads' as a media for bacteria to colonise. Air bubbles are blown upwards through the bio-bead filter media, and this provides a steady stream of oxygen for the biomass to support the oxidation process, which reduces the levels of organic matter and unwanted elements in the effluent such as ammonia.

In June 2021, DCW Polymers collected the first batch, just over 80 tonnes of used bio-beads, from South West Water. The used bio-beads were reprocessed back in to newer, larger filter media product and delivered back to South West Water for re-purposing in their BAFF plants.

After a successful trial at one of the water company's waste water treatment works, to ensure that the performance of the BAFF plant was maintained, a second, larger batch of approximately 240 tonnes of obsolete bio-beads was collected by DCW Polymers in August 2023 and reprocessed in the same way.

#### **Plastic Recycling Success**

Simon continues, "We are delighted that there are some significant benefits being achieved by this innovative new solution, beyond the obvious diversion of the product to landfill."

Gavin Lincoln from South West Water commented, "This is a long-term solution for us and provides a sustainable and secure on-going supply for our replacement filter media. We really appreciate the DCW Polymers team's expert knowledge and their perseverance in finding a circular solution for us that really works."

For more information about DCW Polymers plastic recycling services, call 01392 535 353 or email sales@dcwpolymers.co.uk

#### **Cornwall Council kerbside collection**

If you want to check which week you're on Go to <a href="https://www.cornwall.gov.uk/my-area/">https://www.cornwall.gov.uk/my-area/</a> put in your post code, find your property to see the details.

#### **Church Matters**

#### **Justice and Peace**

Hopefully, by the time this appears in local magazines the awful rioting early in August will have become history. The associated physical and emotional scars, however, will persist for many who experienced them first hand in their neighbourhoods. It appears that a significant factor behind the rioting was social media manipulation and misinformation playing on latent fears or feelings of injustice – either perceived or real. It was encouraging, however, to see that the vast majority of the British public condemn the rioting with communities affected rallying round to 'clear up the mess' caused by a minority.

The authorities were very quick, and rightly so, to address the situation with tough measures but one needs to ask if the rioting was a symptom or manifestation of a deeper and more fundamental problem. Perhaps feelings of frustration, fear or injustice smouldering unnoticed until the right conditions faned it into flame! The lack of justice in a society eventually has negative and destructive consequences. I am reminded of Albert Einstein's comment about peace:

'Peace is not merely the absence of war but the presence of justice, of law, of order —in short, of government.'

Dr Martin Luther King Junior said something very similar.

The Jews of Jesus time and earlier had a vision of peace overseen by a Price of Peace, the promised Messiah. They called it Shalom. The prophets told of a time when there would be Justice for all people and the planet would be harmonious and peaceful. No more war - the instruments of war refashioned for peaceful and constructive purposes. All people having security, respect and a fair share of available resources. A harmony and fruitfulness in the natural world as well.

Christians share the same prophetic writings which are often referred to by Jesus but perhaps those of Christian faith do not dwell on them as much as they should. In today's war torn world with the awful destruction and waste of war so frequently in the news, the vision of peace is really good news. Also good news is the vision of justice and a fair share for all.

In addition, the vision for restored and harmonious nature is good news when so many fear for the future of the planet as we know it. Governments past and present who work to bring peace, justice and environmental change succeed, at best, only in part.

This vision of a brighter tomorrow is, however, not a licence for inactivity now. Rather, it should serve as an encouragement to work towards that vision of peace, harmony and justice for humanity and the natural world in the here and now in any way we can.

In some of our church services the leader will say the following words: 'The peace of the Lord be with you' and the congregation responds – 'and also with you' The peace of the Lord be with you,

**Brian Norris** 

#### **Regular Hall Events**

Mon. 9:30 – 11:30am **Super Tots** group Last Mon. month 6:30 -8pm **Freddies Fibre Friends** club with Julia

Tues. 6:15 – 7:15pm **Yoga** with Judy 3rd Tues. 7:30pm **Parish Council** meeting

Wed. 9:15am **Zumba** Fitness with Liz Wed. 10:20am **Pilates** with Sarah 2<sup>nd</sup> /4<sup>th</sup> 5:30pm **TT Taekwondo** with Dale 1st Wed. **Women's Institute** 7:15pm

Thur. 7 – 8pm **Pilates** with Judy

Fri. 4 – 8:30pm **TT Taekwondo** with Dale

Charity **Quiz** needs a coordinator to book <u>bookings@southhillparishhall.org.uk</u>

#### **South Hill Piecemakers**

1st & 3rd Mondays 7:30 – 10:30pm and 2nd & 4th Thursdays 1:30 – 5:30 and one Saturday a month.

Sarah Lambert **Circuit Training**Saturday mornings 8:30am
<a href="mailto:sarahlambertpersonaltraining@outlook.com">sarahlambertpersonaltraining@outlook.com</a>

**Callington Colts Football. Fixtures** 

**Cheesewring Cricket Club FB** 

www.southhillparishhall.org.uk/whats-on
TO BOOK YOUR EVENT Email
bookings@southhillparishhall.org.uk

The Connection Newsletter is available online and from the hall porch The Connection website <a href="www.south-hill.co.uk">www.south-hill.co.uk</a>

Parish Welcome pack > HERE

Our Advertisers are listed here <a href="https://south-hill.co.uk/local-advertisers/">https://south-hill.co.uk/local-advertisers/</a>

FB GROUP page www.facebook.com/SouthHillParish

#### **Parish Contacts List**

Church. St. Sampson's Judith Ayers stsampsonssouthhill@gmail.com Baptisms, weddings or funerals - cluster administrator info.callingtoncluster@gmail.com 07907081163 Mon/Tues/Weds/ 9am- 1pm

Connection Ali Humphreys 07305 044049 editor@south-hill.co.uk

Climate Change Group via our Parish Council

Freddies F. Friends Julia 07921 366426

Hall Bookings

bookings@southhillparishhall.org.uk
Hall Chair Chris hallchair@south-hill.co.uk

Horticultural Show <a href="mailto:catede@hotmail.co.uk">catede@hotmail.co.uk</a>
01579 382182

Quiz ... vacancy for coordinator bookings@southhillparishhall.org.uk

Newsletter editor@south-hill.co.uk

Orchard orchard@south-hill.co.uk

Our Parish Councillors contact list Parish Council Clerk Jenny Hoskin 01208 72789 southhillpcclerk@gmail.com

Piecemakers Elaine 07360 616627 elaineruthbrewer@hotmail.co.uk

Pilates on Wednesday Sarah 01579 532606 <a href="mailto:smjlodge@hotmail.co.uk">smjlodge@hotmail.co.uk</a>
Pilates Judy <a href="mailto:jbuntrocklowe15@gmail.com">jbuntrocklowe15@gmail.com</a>

Recycling for Charity project Ali SHARE South Hill Renewal Energy group SHARE@south-hill.co.uk

Super Tots Toddler group Elaine Young 07811 283384 elaineyoung004@gmail.com

TT Taekwondo Dale 07790 763547

Walks Ali <u>iamalihumphreys@yahoo.com</u>

Women's Institute <a href="mailto:southhillwi@gmail.com">southhillwi@gmail.com</a>

Yoga & Pilates Judy 07870 315 718 Zumba Liz 07484 157706 <u>LizLazenbury@gmail.com</u> Josh Gosling, Maders Carpentry Tel. 07954 181042

Blue Chip Fish & Chip Shop 30A Fore St., Callington. Tel. 01579 384999

David Skelton, Electrician Tel. 01579 382397 Mob. 07776 386828

Taw Valley Upholstery Coads Green Tel. 01566 786766

Radford Plumbing Kitchen & Bathroom Fitting Tel. 01566 782070

Honicombe Manor Leisure and Restaurant Tel. 01822 258090

Folklore Hiking Sticks Andy Mounce Bray Shop Mob. 07500 158514

Calli Pizza Café Callington Pannier Mkt Tel. 07861 312 661

Yogurt Hair Design. Callington Fore St. Tel. 01579 383830

Cameron Landscape Design/Build 07383 455 091

Pumpkin Pie Learning Call 07966 614 174

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