The South Hill Connection Newsletter

March 2024

Issue 122

March events in South hill Parish

22nd Inspirations Free event at South Hill Church, a bit of culture for all to enjoy

23rd QUIZ 7:30pm start with Norman for CRY Charity at the Parish Hall

30th Easter Trail and Egg Hunt at South Hill church this year 10 – 12pm Thank you TESCO for the Easter eggs.

Other March Events

2nd Rotary Race Night Callington 7pm 3rd Sunday Market Callington 10 -2 3rd Sunday Market Pensilva 11 - 2 5th St Piran's Day Everywhere 16th Energy Fair St. Cleer 10 - 3pm 23rd St. Ive Preloved Sale 10 - 2pm 24th Coads Green Tractor Run 9:30am 25th S.C. Farm Net Zero film 7:30pm

April

7th St Sampsons Open Afternoon 13th Comedy Night at the hall 20th Charity ZUMBA party Pensilva



If you haven't completed the survey yet Download the HALL SURVEY here South Hill Parish Hall Survey Feb. 2024

Email or drop to the parish hall, there's a box in the porch.

It's important we hear your views for any development or expansion of the property and the events held here.



The CONNECTION Team look forward to hearing from you at <u>editor@south-hill.co.uk</u>

For the April newsletter please send your articles, by March 15th THANK YOU.

This is our web site. <u>https://south-hill.co.uk</u> <u>Our advertisers</u> <u>Recycling for Charity project</u> <u>our Facebook group</u>

Parish hall web site Parish council web site

Thank you **Paint n Print** CALLINGTON for the print copies again this month.



And other local charities

Tickets via Eventbrite, Callington Town Hall and Trewarthas

Here Your charity, saving lives

SATURDAY MARCH 16th - 10am - 3pm ST CLEER MEMORIAL HALL - PL14 5ED



Group

Come try out an E-bike - courtesy of Fully Charged, Liskeard









St Sampson's Unlocked

St Sampson's Living Churchyard.

How lovely it is to see signs of spring. You can now enjoy the primroses and snowdrops in St Sampson's Churchyard from a wonderful recycled bench, made from 3,330 milk cartoons! Long lasting, no maintenance and very comfy!

We are in the process of drawing up a more detailed plan of grass cutting and churchyard maintenance to make the most of this special, ancient area. We would love this awesome space to have more community involvement in the planning and maintenance of it and want your ideas, knowledge and help. If you would like to join this group as a decision maker, someone with a passion for managing a space for wildlife, or as someone who can help occasionally, please contact me. The more the merrier!

YOU ARE INVITED TO St Sampson's Church Celebration and Open Afternoon

Sunday April 7th

Celebrating the present, looking to the future.

Help us mark the first milestone in our restoration journey, to say thank you to everyone for all the work achieved. Everyone invited for all or part of the day.

1.15 Thanksgiving Service of Holy communion with Revd. Canon Judith Pollinger **12.30** Lunch

1.30 - 4pm Open Afternoon. Come and see what has been happening. Drop in any time.
 Talks and tours about the heritage restored, how it was achieved, the skills involved, and the history discovered

Project update and future plans

Cream teas will be served throughout the afternoon and a celebration cake will be cut.

As always,

the church is open during daylight hours for prayer and to provide a reflective space.

Church services in March

Sunday 3rd 11.15am March - Holy Communion Sunday 10th 11.15am March – Morning Worship Sunday 17th 11.15am March – Morning Worship Sunday 24th 10am March – SWD Palm Sunday learn how to make a palm cross. Sunday 31st 11.15am Easter Day – Holy Communion

Judith Ayers <u>stsampsonssouthhill@gmail.com</u> Local lay leader

<u>WWW.callingtoncluster.org</u> <u>Facebook</u> St Sampson's Unlocked

Judith on the new bench.



TT TAEKWONDO UPDATE :- NEW BEGINNERS CLASS STARTING ON FRIDAY MARCH 1st From 4-30 till 5-30 for anyone aged 5yrs and above .

I've had a waiting list for quite a while and as the main class at 6pm is full this is to get anyone who wants to start Taekwondo the chance to begin

The first month will be a free trial to give students the chance to decide if they'd like to continue If you know anyone who might be interested, please get in touch , I have several already booked to start so be quick . Dale 07790 763547

Circuit training with Sarah Lambert... in MARCH Book your spot by emailing <u>sarahlambertpersonaltraining@outlook.com</u> Saturday 8:30am on March 2nd and 9th



Pilates with Sarah

Pilates classes available in the parish and close by. Please do let me know on **smjlodge@hotmail.co.uk** if you would like to book a space, thank you Upton Cross Tues 9.15am Coads Green Tues 6.30pm **Golberdon** Weds 10.20am Quethiock Fri 9.15am North Hill Sun 9.30am

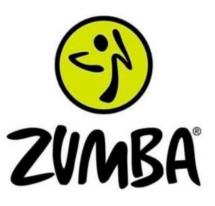


Yoga & Pilates with Judy

Yoga on Tuesday evenings, 6.15 - 7.20 pm, £9 per class Pilates on Thursday evenings, 7 - 8 pm, £9 per class

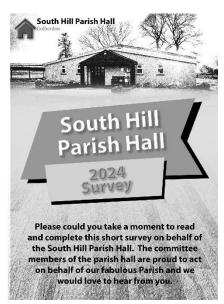
Both classes at South Hill Parish Hall, Golberdon. Please message Judy for more information and booking. 07870 315 718





LOWER INTENSITY CLASS! Every Wednesday 9.15 – 10am Golberdon Village Hall £6 per class

Zumba is AMAZING FUN and suitable for ALL! 07484 157706 or lizlazenbury@gmail.com



South Hill Parish Hall Golberdon

The parish hall is available to hire for all your events. Check availability on the hall event calendar, <u>www.southhillparishhall.org.uk/whats-on/</u>

THANK YOU to everyone that completed the survey. If you haven't yet, please <u>download here</u>.

QUIZ Night this month

March Sat. 23rd 7:30pm start with quizmaster Norman for CRY Cardiac Risk in the Young

From Matt Pascoe

Hi all,

Thank you all for your help with my survey over the last weeks, you've been a great help!! Yesterday I spoke to the chairwoman of the Cornwall Community Flood Forum, they do great work and offer support and education if anyone is interested in learning more. Their membership is totally free and can be found on their website

membership is totally free and can be found on their website. <u>www.cornwallcommunityfloodforum.org.uk</u>

I've had a couple of requests to see the finished research so if anyone is interested, it'll be available from early May. Thank you again for your help!





Have you seen the new sweet shop in Callington? By the traffic lights at the end of Fore St.

Open Monday to Saturday 10am to 5pm

Smithys Waste Management collected over 200 Christmas trees in January raising money for Derriford Neonatal Intensive Care Unit. Now it's time to get back to regular work. Fully licensed and insured waste carrier. Please call for a free no obligation quote. . NO JOB TO SMALL

07754 097 968

House clearances Garage clearances Business closures Waste removals



Free scrap metal removal (We charge for fridges and freezers)



FolkLore Walking sticks by Andy from Bray Shop. 07500 158514



PAPERPHIL SHOP

On the corner by the chemist and bus stop in Callington. Papers and magazines, Milk and soft drinks. Arts and crafts on FACEBOOK

Contact Phil for your newspaper delivery 07980 296003

philveal@live.co.uk



In aid of Coads Green Village Hall and Cornwall Air Ambulance Meeting at Coads Green Hall March 24th 9:30- 10:30 leave (Bacon baps and drinks available before) Finish at Coads Green Hall at 1:30 BBQ and refreshments after BBQ and refreshments after f10 per Tractor f5 per Passenger 25 Miles Raffle to be held after All food and drinks are extras Booking is advised For any more information call or message



There are lots of stalls including Fresh Vegetables, Locally Produced Meat, Cakes, Homeware, Artwork, Organic Alcohol and Gifts. With an amazing array of old and new traders joining us, it's not to be missed! You won't be disappointed!



Come and support your local traders. Town Hall, Callington.

Toilets, including disabled and baby changing facilities, in the Town Hall and on New Road opposite the Town Hall.

1st Sunday of every Month

For more information, or if you are a trader wanting to book a pitch, please call 01579 384039 Or email market@callington-tc.gov.uk

Sterts Theatre and Arts Centre

Peter Hatch on 07840314500

Open meeting at Sterts Studio on Sunday 3rd March at 3pm.

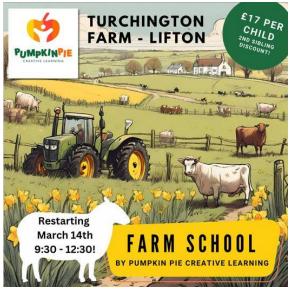
All welcome to come to learn about the work that's been done to build a vision for Sterts future and hear an update on the progress of the new building.

There will be an opportunity to learn about and sign up for, volunteering opportunities at the end of the meeting if you are new to Sterts.

We look forward to seeing you there!

March 25th 7.30pm STOKE CLIMSLAND Parish Hall -Cornwall Farm Net Zero film featuring local farmers, followed by a discussion on Farm Net Zero Project and refreshments - All welcome.





EXCITING NEWS FOR HOME-ED FAMILIES! Join us for the relaunch of... *** FARM SCHOOL! *** ...at Turchington Farm, Lifton! Starts March 14th, every Thursday, 9:30 AM - 12:30 PM. Weekly adventures in learning, playing, creating, investigating and exploring ALL THINGS FARMING! There maybe also the possibility of feeding lambs - a highlight for all! Aimed at mixed ages, there's something for every learner! To book or get more info, WhatsApp our business contact at 07966614174. See you down on the farm!

Community Energy Plus

We love being out and about in our community talking all things home energy. To keep updated of events on our website, visit:

https://cep.org.uk/events/

Please feel free to say hello ^{cont} we'll be happy to talk about how we can help you save energy and money <u>Facebook</u>

Average annual energy bills rose by 5% on 1 January for most households. But should you stay on the Price Cap, or move to a fixed deal?

MoneySavingExpert has an update on Energy Price Cap changes over the next year, fixed deals currently available, and a handy 'Should you fix energy?' calculator. For more info, visit: <u>https://t.ly/MSE-fixeddeals-update</u>

tt	MID CORNWALL	
9 202	Mar 5	BUGLE HUB Drop-in Energy Advice Bugle Village Hall, New Street, Bugle, St Austell, PL26 8PG 11am - 1pm
	Mar 13	COMMUNITY INFORMATION CAFÉ, SALTASH Drop-in Energy Advice Oaklands Community Centre, Oaklands Green, Saltash, PL12 4DG 10am - 2pm
ÖÜ	Mar 14	LIGHTHOUSE CENTRE, LISKEARD Drop-in Energy Advice Bell House, 7 - 9 Church Street, Liskeard, PL14 3AG 11.30am - 2.30pm
5		COMMUNITY ENERCY PLUS





SWEET POTATO AND LENTIL SOUP

Serves 6

1 - 2 tsp medium curry powder
3 tbsp olive oil
2 onions, finely chopped
1 eating apple, finely chopped
2 - 3 cloves garlic, crushed
20g pack fresh coriander, stalks chopped
Thumb sized piece of fresh root ginger, grated
800g sweet potatoes
1.2 litres vegetable stock
100g red lentils
300 ml milk
Juice of 1 lime

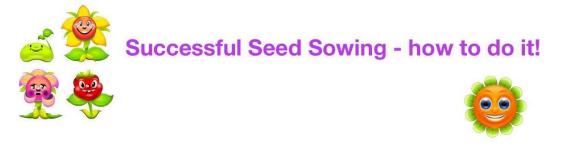
Put curry powder into a large saucepan, then toast over a medium heat for 2 minutes. Add the olive oil, stirring as the spice sizzles in the pan. Tip in the onions, apple, garlic, coriander stalks and ginger. Season, then gently cook for 5 minutes, stirring occasionally.

Meanwhile, peel and chop the sweet potatoes. Add them to the pan with the stock, lentils and milk.

Simmer for half an hour, or until lentils and sweet potatoes are soft. Blend until smooth. Stir in the lime. Check seasoning, and serve sprinkled with roughly chopped coriander leaves.

The next meeting of South Hill WI will be on Wednesday, 6th March 2024 in the Parish Hall, Golberdon at 7.00 pm.

The speaker will be our President, Janet Corrigan, whose talk will be



Prospective new members are very welcome to come along to a couple of meetings with no commitment. For more information, please contact Jane at southhillwi@gmail.com



RECYCLING FOR CHARITY project.

Keep up to date on our project by joining the Facebook group <u>www.facebook.com/groups/recycling.for.charity</u> Or visit our web page <u>www.south-hill.co.uk/charity-recycling</u>



Thank you for dropping off Sweet Tubs and Milk Bottle Tops they have been collected by Devon Contract Waste to be processed and made into plastic picnic benches. DCW donated 20p per tub to their two charities. Dartmoor Zoo and Life Chance Trust.

We were also fortunate to win a free picnic for St. Stephens school in Launceston from British Recycled Plastics.



Biscuit & cracker wrappers alone raised COFFEE over £500 last year. **Bread**, baps, wraps, bagels, crumpets FOOD CONTAINERS **Burts** includes moisturisers all empty tubes & pots from creams, gels lotions, **BISCUITS, 33%** gels & ointments, plus lip sticks, mascaras, eye shadow & compacts & PRINGLES hand dispenser pumps. **Food** containers, Tupperware, takeaway tubs, lunch boxes, baby bottles and reusable rigid plastic drinks bottles. BREAD Cheese all empty packets. **Pringles** brand tubes only, please flatten **Coffee** all empty packets/sachets BURTS CHEESE Drop to the labelled bins at Green Meadows, 200 meters from Golberdon crossroads on the South Hill Rd



Look at your toothpaste tubes

Colgate, and some other brands, have made their toothpaste tubes widely recyclable, meaning they can go in the council recycling red bag now

Count all your plastic waste from 11-17 March Submit your data. Discover your plastic footprint and use the results to make a difference! Register NOW . <u>https://thebigplasticcount.com</u> **11-**



Cornwall Council food waste and new wheelie bins for general waste are coming soon, the service starts in April. There will be local roadshows explaining it all.

If you already have a bin, you will no longer be able to use these for collection. The council will offer to collect them to be recycled ie. broken down and shredded.



Our RECYCLING for CHARITY project would love your unwanted wheelie bins so we can improve our collection points. Either drop off to Green Meadows or contact us and we will pick up. THANK YOU Ali 07305 044049

Ali Humphreys Recycling for Charity project lead.

Cornwall Council are introducing weekly food waste collections and switching to fortnightly general waste collections across Cornwall.. area by area.



Our area starts from the 8th APRIL 2024

Your new bins will be delivered anytime now. The **Get Ready** leaflet, will be delivered to your door and contains information about the new bins and how to recycle your food waste. **Local roadshows explaining the service,** have already taken place in Callington, Upton Cross and Pensilva. March events in Calstock, St. Dominick, Gunnislake, North Hill and April 5th **Callington** Library 9am – 1pm plus April 16th **Stoke Climsland** 3 – 6pm Full list here > <u>Talk to us face-to-face at a</u> <u>community roadshow - Cornwall Council</u> Recycling collections will stay fortnightly using the same coloured bags and box we do now. If you want more bags order them <u>here</u>

The <u>Launceston HWRC</u> recycling centre at Pennygillam continues to run a reduced service due to adjacent construction works. Paper, cans and plastic will not be accepted during this time, please use the kerbside recycling service.

THE GREAT BRITISH SPRING CLEAN CAMPAIGN

takes place **15 - 31 March 2024** Lets get out and pick up any litter on our roads.

Callington Young Farmers



On Saturday 17th February,

Callington Young Farmers Club held there 81st Dinner and Dance at Trethorne Golf Club.

It was well attended, and an enjoyable night was had by all. Richard Hosking was the guest speaker and Martin Howlett presented the trophies to club members.

These were rewarded to the following people:

for Attendance and Participation Over 18s was Beth Alford and Sam Tucker, under 18's Abi Lucas and Sam Whell.

Most points were Reece Legg and Kerys Pearce,

Participation at events Kerys Pearce,

Chairmans Shield and Club leaders shield was Sam Tucker,

New member award Beth Alford,

Participation in Sports Events Nathan Delbridge,

Best Photography Andrew Gregg,

Most awarded points in field day Sam Tucker,

Club personality Nathan Delbridge

Quiz cup was Anthony Jane.

The club has attended some interesting meetings recently including Castle Vets, Kernow Feeds, adrenaline Trampoline Park and Ten pin bowling and are always happy to welcome new members.

They meet every Thursday – for more information please email <u>yfccallington@gmail.com</u> Follow on Facebook here> <u>Callington Young Farmers</u>

South Hill Parish Council meeting

I didn't receive the report in time for the print version, so here was the meeting agenda.

For fully accurate information as to council meetings readers should consult the minutes of council meetings at <u>www.south-hill-pc.gov.uk</u> https://www.south-hill-pc.gov.uk/meetings.php)

All communication should be directed to Jenny Hoskin (Parish Clerk) Telephone 07810 234417, email <u>southhillpcclerk@gmail.com</u> or write to Branston Farm, Bodmin Road, Bodmin PL30 4BB

AGENDA 20th February .. included

- 6. To approve the Minutes of the Meeting held on the 21st Nov, 19th Dec, 16th Jan.
- 8. Planning Applications /Planning Matters
- 9. Accounts / Financial matters _
- 10. Play Area to receive recent inspection reports and address any matters identified.
- 11. Recreation Field to report any matters requiring attention and use of the field.
- 12. Parish field at Maders update since the last meeting on drainage / flooding problems.
- 13. Footpaths / Public Right of Way Update on work.
- 14. Affordable Housing to note the latest information from Jonathan Pollard (CC).
- 15. Land at Moorland View, Golberdon to address Cornwall Councils correspondence.
- 16. Correspondence / report to be tabled by the Clerk. Recording of correspondence.
- 17. Report from the Community Area Partnership Meeting, if available.
- 18. To note the action list provided by the Clerk for information only.

19. South Hill Parish Hall – update on advice obtained in relation to the ownership and management of the Hall, if available.

- 20. Community Orchard new access. South Hill Parish Council Agenda Page 2
- 21. Allotments report on recent inspection. Rent review for 2024/2025.
- 22. Climate Change Action Plan.
- 23. Parish Matters / Any other Business and items for the next meeting.
- 24. Parish Council annual timetable for information only.
- 25. Date of next Full Council Meeting Tuesday, 19th March 2024.
- 26. To close the meeting.

The next meeting of the Parish Council will be on **19th March**, starting at 7:30pm at the Parish Hall. All are welcome.

The hall committee have a new sign on the hall entry gate, reminding people the hall car park is for hall users only.

The Parish council will be considering options for those wishing to use the play park. The footballers already have access to parking on plastic at the top of the recreation field.

Callington Colts U14's are playing at home (Golberdon recreation field) on March 2nd 10:30am and March 30th starting at 10am Fixtures here



South Hill Parish Council

Details of the meeting held on **20th February** 2024 included the following topics:

PLANNING

There was no objection to the application for a new general purpose farm building and office at Tregonnett farm.

There is one site in the parish on which a planning enforcement notice has been served. The council will request and update on this case.

RECREATION FIELD

Cheesewring Cricket Club. Having played a few matches in 2023 with no problems, the club have 12 fixtures which will be played in Golberdon this season.

FOOTPATHS

The saga of the obstruction on footpath 638/20/1 in Maders continues. The Countryside access team from Cornwall Council has visited the site. They will provide a self-closing gate which has the agreement of the landowner.

AFFORDABLE HOUSING

Cornwall Council has changed its policy and reduced the number of affordable homes that it intends to build with its own resources. There are alternative providers and the parish council intends to find out more about the possibility of a Community led option on the Moorland View site.

ALLOTMENTS

It was agreed to keep the annual rent at £15.00. Providing a water supply was debated but numerous problems were identified so it was agreed to take no further action.

JODIE

BT have removed their equipment from the phone box. A few improvements have been made so that it's more comfortable for Jodie, who will return very soon.

UPDATE FROM:

Cllr David Skelton (for fully accurate information as to council meetings readers should consult the minutes of council meetings at www.south-hill-pc.gov.uk

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I'll spare the gory details but please DON'T TRUST YOUR DOG. The pictures of 37 sheep with lambs with pieces ripped out of them will haunt the local farmer and others that saw and had to deal with the carnage. Many of the injuries where to the sheep's faces and throats, as the sheep faced the animal that did this, and would have witnessed the other sheep being attacked, pinned in a corner as some tried to escape over the hedge, to no avail. The scene was a bloody mess and the dog would have returned home excited with blood on it. There have been reports recently of dogs running off and lost.

I nere have been reports recently of dogs running off and lost. Please make sure you know where your dog is, as farmers are well within their rights to shoot any stray dog in their fields.



CHURCH MATTERS: An Evolving Church

Back in June 2023 I wrote about changes planned for churches in Cornwall, changes that will affect our local churches and the way they are staffed. These changes are now progressing.

Our current rector of the four parishes comprising the Callington Cluster (Callington, Linkinhorne, South Hill and Stoke Climsland), Revd Dr Joe Lannon, will be moving on at the end of April.



Representatives from the five congregations in the present four parish cluster have been meeting, and will continue to meet, on a regular basis to discuss and review matters that effect the whole cluster and report back to individual Parochial Church Councils (PCCs). The individual PCCs are trustees for each parish.

A document has been prepared by representatives from all of the parishes in the proposed new grouping describing what the individual churches are like. The document will be sent to applicants for the post of oversight minister for the new grouping (Benefice) when it is advertised in March. The role of the oversight minister will be significantly different from that of the traditional parish priest; with a focus on developing and supporting local lay leadership. The new benefice will probably be known as Kit Hill and will comprise the 4 parishes of Callington Cluster and 3 from Tamar Valley, 13 churches in all.

The process of advertising, selecting, interviewing and appointment is likely to take several months minimum. While the benefice is in transition the running of parishes and conducting of church services will be undertaken largely by lay (those who are not priests) volunteers.

The leading of services by licenced lay ministers and lay worship leaders has been well established in the benefice for many years so this will merely be a slight extension of normal practice. Where an ordained priest needs to take a service (Baptisms, Weddings and Communion) a retired priest or Rural Dean (details in next paragraph) will be available. Administration will continue to be handled by the benefice administrator – contact details on the Callington Cluster website.

A new post of Rural Dean and strategic lead of East Wivelshire Deanery has been filled and Revd Michael Johnson was commissioned to this role on 10th January at St Germans. Michael was also licensed as Assistant Curate of the Callington Cluster and Tamar Valley along with other benefices in the Deanery. This role is at present exceedingly demanding as many of the benefices in the Deanery are in transition (between rectors) and all undergoing reorganisation. Michael has already visited some of the churches in the Callington Cluster and it is hoped that he will be able to introduce himself soon in a 'Church Matters' article.

It's worth re-stating that there are no current plans to close any local church buildings. The decision to start the legal process to close a church lies with the local Parochial Church Council, the trustees. It is normally prompted by dwindling congregations and insufficient income to meet the costs of maintaining the building.

The legal process includes extensive public consultation.

Brian Norris

Regular Hall Events

Mon. 9:30 – 11:30am Super Tots group

Last Mon. month 6:30 -8pm **Freddies Fibre Friends club** with Julia

Tues. 6:15 – 7:15pm Yoga with Judy

3rd Tues. 7:30pm Parish Council meeting

Wed. 9:15am Zumba Fitness with Liz

Wed. 10:20am Pilates with Sarah

1st Wed. Women's Institute 7:15pm

Thur. 7 – 8pm **Pilates** with Judy

Fri. 6 – 8:30pm TT Taekwondo with Dale

4th Sat. Monthly Charity **Quiz** starts 7:30pm to book <u>bookings@southhillparishhall.org.uk</u>

South Hill Piecemakers 1st & 3rd Mondays 19:30 – 22:00 and 2nd & 4th Tuesdays 13:30 – 16:30 and one Saturday a month.

Sarah Lambert Circuit Training Saturday mornings 8:30am sarahlambertpersonaltraining@outlook.com

Callington Colts Football. Fixtures

The Connection Newsletter Is available online and from the hall porch

> <u>The Connection website</u> Parish Welcome pack > <u>HERE</u>

Our Advertisers are listed here <u>https://south-hill.co.uk/local-advertisers/</u>

FB GROUP page www.facebook.com/SouthHillParish

Parish contacts list:

Church. St. Sampson's Judith Ayers stsampsonssouthhill@gmail.com Baptisms, weddings or funerals - cluster administrator info.callingtoncluster@gmail.com 07907081163 Mon/Tues/Weds/ 9am- 1pm Connection Ali Humphreys 07305 044049 editor@south-hill.co.uk Cornwall Cllr. Sharon Daw 07837 379305 cllr.sharon.daw@cornwall.gov.uk Climate Change Group via our Parish Council Freddies F. Friends Julia 07921 366426 Hall Bookings bookings@southhillparishhall.org.uk Hall Chair Chris hallchair@south-hill.co.uk Horticultural Show Cat catede@hotmail.co.uk Quiz bookings@southhillparishhall.org.uk Newsletter editor@south-hill.co.uk Orchard orchard@south-hill.co.uk Our Parish Councillors contact list Parish Council Clerk Jenny Hoskin 01208 72789 southhillpcclerk@gmail.com Piecemakers Flaine 07360 616627 elaineruthbrewer@hotmail.co.uk Pilates on Wednesday Sarah 01579 532606 smilodge@hotmail.co.uk Judy jbuntrocklowe15@gmail.com Pilates Recycling for Charity project Ali SHARE SHARE@south-hill.co.uk Super Tots Toddler group Elaine Young 07811 283384 elaineyoung004@gmail.com TT Taekwondo Dale 07790 763547 Walks Ali iamalihumphreys@yahoo.com Women's Institute southhillwi@gmail.com Judy 07870 315 718 Yoga & Pilates Zumba Liz 07484 157706 LizLazenbury@gmail.com

www.southhillparishhall.org/whats-on

PAINT N PRINT

New Rd. Callington Opposite the Town Hall Open Monday, Wednesday & Fridays 7am to 3.30pm (3 on Fridays) 07708 455 918 <u>paintnprintuk@gmail.com</u> <u>https://paintnprint.com/</u>

PRINTING:

Photocopying, document printing, laminating Label printing

PARTY PACKAGES

Birthday invites, thank you cards, paper plates and cups, decorations and personalised banners

CARDS: Personalised Cards Photo Cards Collage Cards Non Personalised Cards

DOG & PET TAG ENGRAVING

GIFTS Photo gifts Personalised gifts Ready to go gifts

PHOTO PRINTING:

55p for 4x6 Digital photo printing (bring your photos on your phone, we will do the rest!) Large Format printing (Huge Prints!) Scanning Photos Slides

PHOTO FRAMES

wooden photo frames Available engraved

JEWELLERY Charm jewellery, Necklaces, Earrings, Bracelets Charms and more

PERSONALISED PRODUCTS

NPRINT

PERSONALISED WRAPPING PAPER Personalised with photos, names and designs Mugs, bottles, travel mugs, glasses, keyrings, bottle openers, chopping boards, mouse mats, magnets, clothes, and so much more Josh Gosling, Carpentry Tel. 07954 181042

Billy the Boiler Plumber & heating engineer service@billytheboiler.co.uk

Blue Chip Fish & Chip Shop 30A Fore St., Callington. Tel. 01579 384999

David Skelton, Electrician Tel. 01579 382397 Mob. 07776 386828

Phil Coles, Butcher & sales Tel. 01579 362215 Mob. 07796607913

Tregaver Fibre, Wool Fibre Tel. 07904 647328

Taw Valley Upholstery Coads Green Tel. 01566 786766

Radford Plumbing Kitchen & Bathroom Fitting Tel. 01566 782070

Honicombe Manor Leisure and Restaurant Tel. 01822 258090

Folklore Hiking Sticks Mob. 07500 158514

Calli Pizza Café Callington Pannier Mkt Tel. 07861 312 661

Yogurt Hair Design. Callington Fore St. Tel. 01579 383830

Cameron Landscape Design/Build 07383 455 091

Pumpkin Pie Learning Call 07966 614 174

Computing for Beginners Maria 0788 277 2216

Bawdens The Old Bakery Kelly Bray. 01579 384195

Our advertisers are all local many live in the parish.

South Hill Handyman Tel. 07376 057352

Meaders Cabinet Works & Kitchen Manufacturers. Tel. 01579 383160 / 384114

Ash Lamb, Builder & Stonework Tel. 01579 386919 Mob. 07946 235678

SHARE Community Energy Group 01579 382397

Coombe Small Animal Hotel Tel. 01579 363901

Nicola, Rolling Waves Cornish Jewellery Tel. 07975 965361

Clarkes Landscaping Driveways, Man & Digger Tel. 07865 208262

Trencrom Tree Services Tel. 07762 131377

Callington Slimming World Tel. 07463 929696

South Haylands Farm Produce, Local Beef & Lamb. southhaylandsfarm@hotmail.com

Cornwall Tile Centre Pensilva Tel. 01579 362264

Paint N Print New Rd. Callington Mob. 07708 455 918

Rob Williams. Window cleaning Tel. 01579 384435

Callington Fresh Produce stall South Hill & Redmoor Road junction Mob. 07813 157961

PPP Electrical Mob. 07969 765176

Anita Hutt Personal Will Writing Tel. 01579 344 433

Zumba with Liz Wednesday am 07484 157706

Nick the Handyman Tel. 01579 384770 Mob. 07715 606252

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