

The South Hill Connection Newsletter

September 2023

Issue 116

**The Parish Hall Harvest Supper is on September 16th 7pm start.
Ticket only event... and numbers limited.**

Saturday 16th
September
7pm start

South Hill Parish Hall

Harvest Supper

£7 Adults **Numbers limited.**
£5 Children (under 11) **Under 5's eat free**

Please bring your own drink and item for the auction



Most points in Show Judith Ayers

Following the trusted successful format of a family event with a buffet meal, (different food options available) plus raffle, auction and musical entertainment.

Bring your own drinks.

We'd appreciate items for the Auction, can be anything.... traditionally, homemade and home grown items, preserves, drinks, flowers, fruit and veg. gift baskets and can be dropped off or collected from you ahead of time. For Tickets and where to drop items please contact Ali 07305 044049 or Richard 07595 778647 Thank You for your support.

It's great to see such support for our community events The Horticultural Show cup winners look very pleased with themselves and so they should with the amount of competition. I encourage anyone if you'd like to be involved in any community groups or events and not sure how... please email editor@south-hill.co.uk



The South Hill Horticultural Show was a great success for us as we were able to talk to lots of local people about all our projects and we are delighted that 8 people from the parish joined as new members as well.

Thank you for the support and we look forward to seeing you all back at The Parish Hall Golberdon for our **AGM on Friday 22nd September**. This will start with an informal discussion in the gazebo in the recreation field from 7.30 pm, about our ongoing plans and projects, covering **'Trevigro Quarry Bottom' project, wood project, recycling, energy, and wider "green" issues**.

Then at 8:30 pm we will move into the Hall for the formal AGM and vote on this unique opportunity at Trevigro Quarry Bottom, everyone's vote is important. You can find out more about this project by following [this link](#). If you have any questions you can contact SHARE@south-hill.co.uk or phone David 01579 382397 and leave a message.

Elsewhere in the newsletter is an advert for apple pressing at the Old School, Stoke Climsland. **SHARE** can access similar equipment so if you have apples that you want to turn into juice, that could be organised.

18 people visited the CERC. **Cornwall Energy Recovery Centre**, to see the incinerator in action and the "blue box" turbine, generating energy. We were all impressed by the scale and efficiency of the operation but despaired at the recyclable items we saw being burnt, especially metal and glass.

Sarah our guide particularly noted **All Batteries, MUST NOT be put in general waste** Found in rechargeable devices such as toothbrushes, toys, phones and laptops, batteries have become more powerful in recent years. Smaller, frequently used, and cheaper electronic devices and gadgets - even some musical greeting cards - often have "hidden batteries" and need to be disposed of correctly.

Not only is this wasting lithium but common household batteries when crushed, then when wet and/or high temperatures can cause fires, added to general waste which is highly inflammable, a fire soon accelerates in a waste collection lorry or at the depot !! So please take batteries to your local supermarket, or other retail store, school, library that accepts them or the recycling centres at Saltash or Launceston. Read more here and see the damage caused. [Batteries linked to hundreds of waste fires - BBC News](#)



Unwanted or broken, Mobile phones, tablet computers, MP3's, sat navs, fitbits, watches, headphones, gadgets, and toys and games can be dropped off at our **Recycling for Charity project** collection points, which includes CALLINGTON LIBRARY in the foyer.

www.south-hill.co.uk/charity-recycling

To join SHARE costs £2 for those living, working, or owning property in the parish and allows you to vote and other benefits. If you don't fall into that category, you can still join as an Associate member for £1, your support & input is most welcome.

Email SHARE@south-hill.co.uk

or phone Astrid on **01579 383620**

COFFEE & CAKE

Golberdon Sun 1 October



Just £5

All the coffee
and cake you
can eat and
drink

Parish hall
Golberdon
Nr Callington

10-12



We don't mind how you get here!

Organised & in Aid of WI charities

APPLE PRESSING



Stoke
Climsland

at THE OLD SCHOOL

Sunday October 1st

10.00am to 3pm

Bring your apples for pressing and lots of containers for your juice.

If they ripen earlier, pick and store in a cool place. Or heap in the grass under the tree if you plan to make cider!

**Plus – Refreshments and Childrens' games
and fun all day!!**

**And - we're looking for Volunteer Pickers to help out in
Orchards around the central Tamar Valley, in the weeks
running up to pressing.**

For more info, contact us, on 01579 370411 or 07976 727618

To book a press to use at home with your friends, ring 07805 295435

Callington Fire Station, South Hill Rd.

COMMUNITY ENGAGEMENT DAY SUNDAY 17TH SEPTEMBER 2023 10AM - 2PM

- **MURAL** - Paint by numbers. The communities children & adults can help paint our very own station mural
- **FIREFIGHTER RECRUITMENT** - Test your skills with different workstations & lots of information about becoming an oncall firefighter.
- Meet your local fire crew and look around the fire engine.

• **HOME FIRE SAFETY ADVICE**

• **CPR awareness & training**

Fruit juice
£0.20
Tea's &
Coffee's
£1

Any monies raised will be donated to
The Firefighters Charity

STOKE CLIMSLAND REPAIR CAFE



If you can carry it, we'll take a look at it.

The Old School
Stoke Climsland
September 16th

9:30am to 1pm

Last repair from 12:15



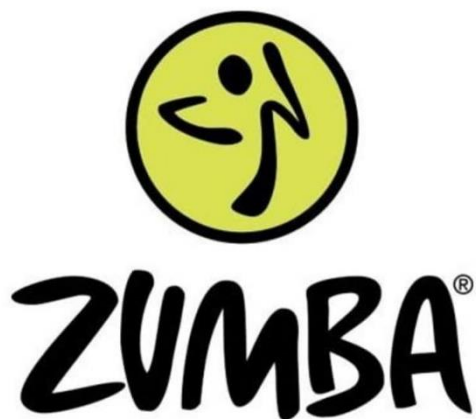
Clocks, laptops & PC diagnosis (repair if possible), clothes, curtains, family heirlooms, vacuum cleaners, portable goods, lamps, radios, bikes toys and other small items.

A meeting place of volunteers, dedicated to fixing things, sharing their expertise and knowledge with the aim of repairing, not replacing household items

REPAIR CAFE

Donations for repairs & drinks, etc. are welcome to help cover costs

Also, tea, coffee, cake and a chance for a chat



LOWER INTENSITY CLASS!

Every Wednesday

9.15 – 10 am

Golberdon Village Hall

£6 per class

Zumba is AMAZING FUN and suitable for ALL!

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Coach Excursions & Tours 2023

24th - 30th Sept Cairngorms, Scotland
11th October Goosey Fair, Tavistock
4th November Bridgwater Carnival
24th - 27th Nov Turkey & Tinsel, Ilfracombe, N.Devon
2nd December Clarks Shopping Village
9th December Exeter Shopper & Christmas Market
16th or 17th Dec Cornish Christmas Lights

2024
2024

Derbyshire
Ireland

Visit our website for all our excursions & tours.

Call: Dawn or Robin on 01208 77989 for bookings and brochure
website: www.grouptravelcoachhire.co.uk
email: grouptravelcornwall@btconnect.com

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3.30pm, 5.30pm & 7pm

with Kathy Hocking

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New consultants



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Ask for Martin 07865 208262



September 23rd Quiz

will be hosted by Richard and Julia Squires

Freddies Fibre Friends

Monthly Quiz

South Hill Parish Hall, Golberdon.

Bring
your own
Drinks
and
Nibbles

Fourth Saturday of every month 7:30pm start

Teams up to 6 £2 per person
Make up a team or come and join in.

Raffle
Prizes
are
Always
Welcome

USE THE HALL FOR FREE

Run your Own Quiz for Your Charity or Cause

Book via hallbookings@south-hill.co.uk
or phone Christine 07955 082211

To book the parish hall
for your events email Jim
hallbookings@south-hill.co.uk

You can check availability on
the hall calendar

www.southhillparishhall.org.uk/

[What's On](#)

and book online

Here

www.southhillparishhall.org.uk/bookings

Callington Colts Under 14's
Home Fixtures at Golberdon
for the new football season.

09/09 10:30

23/09 10:00

14/10 10:30

04/11 12:00


11/11 10:30

02/12 10:30

16/12 10:30

Freddie's Fibre Club


Freddie's Fibre Friends
A Community Interest Company



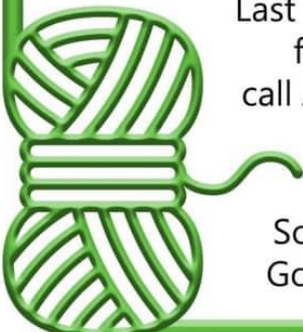
£2 per child

Explore a different
calming and sensory
fibre craft technique
each month

Under 16's must
be accompanied
by an adult
(free of charge)



Last Monday of the month,
from 6:30pm - 8pm
call Julia on 07921 366426
for more info



South Hill Parish Hall,
Golberdon, PL17 7ND.

RECIPE OF THE MONTH

REGULAR OUTINGS



GREEN VEGETABLE QUICHE



INGREDIENTS

Pastry

85g plain flour 85g block margarine
85g wholemeal flour Pinch of salt

Filling

225g courgettes 1/2 green pepper
3 spring onions 1 tablespoon oil
1/2 bunch watercress 3 medium eggs
60g grated cheese milk
salt and ground black pepper



METHOD

Line an 8" (21cm) flan dish or ring with the pastry. Prick the base and line with grease proof paper and baking beans. Stand on a baking sheet and bake in centre of oven for 15 minutes (200°C/400°F/Gas Mark 6). Remove paper and beans and bake for a further 5 minutes. Reduce heat to 190°C/375°F/Gas Mark 5).

To make filling - trim and slice courgettes and green pepper. Trim and chop spring onions. Heat oil and gently sauté vegetables for 5 minutes. Transfer to pastry case. Roughly chop watercress, including stalks, and sprinkle over vegetables. Beat eggs and make up to 10 fl oz (300 ml) with milk. Season well and pour over vegetables. Top with grated cheese. Bake in centre of oven until well risen and golden brown. Serve hot or cold



Our July adventure was a wet felting session with Julia Squires. We made pictures of meadow flowers using both wet felting and needle felt techniques. We were joined by two young people brought along to enjoy the craft by two of our members. It was a rainy day but despite the weather we carried on in the barn.

Coffee, cake and craft and an introduction to the sheep and alpacas who donated their fleeces.

The next WI meeting will be on Wednesday 6th September at 7.15pm in South Hill Parish Hall when Mike Haywood will be speaking on

'The Voyage of the Mayflower, the Myths and the Reality'

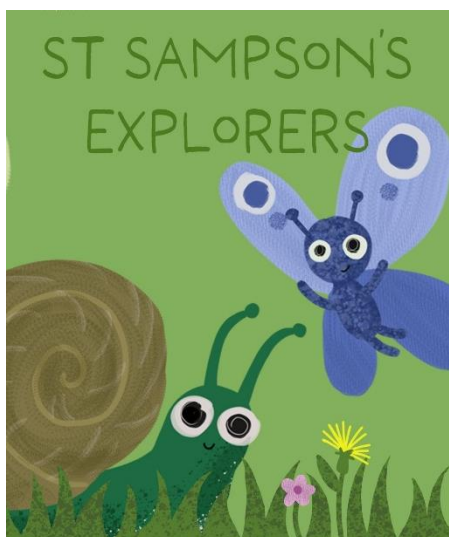
Prospective new members always welcome! Please come along to a couple of meetings with no commitment.....

**For more information please contact
Jane at southhillwi@gmail.com**

St Sampson's Church news

St Sampson's window restoration project is nearly complete, with only 3 more windows to be put back in the early autumn. They are looking fantastic and we are grateful for all £53,000 of funding from the many grants and donations that have made it possible.

The next phase is some external pointing work and the restoration of the west door.



Are you a nature detective? – free activity for children.

St Sampson's Church has a living churchyard. There are many creatures who live here, including bats, birds, and insects. Ten different species of butterfly were recorded here in August. The grass grows long in places to provide homes for them and wildflowers for food. Churchyards are very special places for biodiversity and habitats as they have not been cultivated for hundreds of years.

Pick up an explorer pack from the porch, which contains activities and information to help you explore and enjoy St Sampson's churchyard. These are available at any time for you to use and take away. [Callington Cluster: St Sampson's Living Churchyard](#)

September 24th September 10am – Animal Thanksgiving service at Pennywort Mill, Trewassick, South Hill PL177LT.

October 1st 11.15am – Harvest Festival



October 4th 7:30pm. Barrett's Privateers - a very special gig.

Free entry, donations welcome towards the St Sampson's Unlocked restoration project. Bar and pasties available. The Privateers are a local shanty group who will be singing a variety of local and not so local songs for us.

[Barrett's Privateers Tickets, Wed 4 Oct 2023 at 19:00 | Eventbrite](#)

Join us for a night of merriment as Barrett's Privateers! set sail at the scenic South Hill church. This event promises a lively atmosphere filled with sea shanties, grog, and good company. Prepare to be entertained by talented musicians as they regale you with tales of adventure and Cornish yarns. Sing along to traditional sea shanties and immerse yourself in the rich Cornish history. Whether you're a seasoned sailor or a landlubber, this event is sure to delight. Indulge in Beer and pasties. The venue provides a wonderful setting, perfect for enjoying a night of entertainment with friends and family. So, mark your calendars and get ready to hoist the anchor! Barrett's Privateers promises an unforgettable evening. Don't miss out on this unique experience! This is a free event with a paid bar. Donations are welcomed towards the restoration project of St Sampson's Church. We want everyone to be able to attend and suggest a donation on the night of £10 a person if you can afford it.



Callington Honey Fair

Saturday 30th September

www.facebook.com/CallingtonLionsNews

Book a stall

<https://www.diverse-events.com/.../callington-honey-fair.../>



FOR THE FIRST TIME EVER... ON A
SATURDAY!
30TH SEPTEMBER 2023
10AM - 5PM
LOTS OF FUN FOR ALL THE FAMILY!



Grand Opening with Town Band ...

'Teas with The Bees' ... Cream Teas with Honey!

Street Market with lots of stalls and goodies ...

Plenty of tasty snacks, food and drinks ...

Children's Games Area and Inflatable Theme Park

Children's Painting Competition ...

Town Crier Competition ...

Live Music from Local Musicians & School Bands ...

Come and meet the Alpacas ...

Beekeeper's Demonstration and Judging ...

Prim-RAF Theatre open to public ...

Kids Play Area ...

Dementia Café ...

Sunday Pannier Market... on a Saturday!

Plus... Children's 'Street WordSearch',
Shop Window Displays... and much more.

Main Stage at 10am

Town Hall from 10am - 4pm

Street Stalls

North Car Park

Cricket Field

Town Hall

Main Stage

Main Stage

Biscombe Lane

Town Hall

Prim-RAF

Back of B&M

Chyvaras

Pannier Market

Events subject to change... see
Lions Facebook page for updates.



This year Honey Fair will be greener than
ever, with recycling bins provided by SHARE.
We're saying NO to plastic cups and straws!



SHARE South Hill
Association for
Renewable Energy

SHARE is delighted to
be supporting this event.

No regular South Hill Parish Council meeting in August

Still waiting for the housing survey report results to be added to the council web site
And the Climate Change documents <http://www.south-hill-pc.gov.uk/index>

All communication should be directed to Jenny Hoskin (Parish Clerk)
Telephone 07810 234417, email southhillpcclerk@gmail.com or write to Branston Farm, Bodmin
Road, Bodmin PL30 4BB

The Parish Council doesn't meet in August unless there is some unexpected urgent business, the next meeting will be on **19th September**, starting at 7:30pm at the Parish Hall. All Welcome.

From Cornwall Council.

Have your say on green energy



We need your help to shape plans to decarbonise energy systems in Cornwall and the Isles of Scilly. These plans are to help Cornwall reach Net Zero emissions - and improve energy security.

The project, called the Local Area Energy Plan (LAEP), will look at how energy is used, supplied and managed. It will identify and recommend required changes to local energy systems for heating, electricity, gas and transport- and play a major role in helping the region become carbon neutral.

But we can't do it without you! The voices of our communities, residents and businesses are vital in making sure this vision becomes a reality. We want to hear your views and ideas – this plan will only succeed if it works for all of us.

For starters, please complete the survey below, and give us your views and opinions about green energy..... [Survey here](#)

And then pop into one of the LAEP roadshows:

- Falmouth, Falmouth Town Council, The Old Post Office – 5 Sept, 4-7pm
- Bude, The Parkhouse Centre – 8 Sept, 4-7pm
- Saltash, The Core – 12 Sept, 4-7pm
- Penzance, St John's Hall - 20 Sept, 4-7pm
- Bodmin, Cornwall Council, Chy Trevail – 25 Sept, 4-7pm

https://letstalk.cornwall.gov.uk/laep?utm_source=residentnewsletter&utm_medium=email&utm_campaign=11Aug

Regular Hall Events

Mon. 9:30 – 11:30am **Super Tots** group

Tues. 6:15 – 7:15pm **Yoga** with Judy

3rd Tues. 7:30pm **Parish Council meeting**

Wed. 9:15am **Zumba** Fitness with Liz

Wed. 10:20am **Pilates** with Sarah

1st Wed. **Women's Institute** 7:15pm

Thur. 7 – 8pm **Pilates** with Judy

Fri. 6 – 8:30pm **TT Taekwondo** with Dale

4th Sat. Monthly Charity **Quiz** starts 7:30pm
to book hallbookings@south-hill.co.uk

South Hill Piecemakers

1st & 3rd Mondays 19:30 – 22:00 and
2nd & 4th Tuesdays 13:30 – 16:30 and one
Saturday a month.

Cheesewring Cricket Club

[Callington Colts Football](#). Fixtures

[What's On – South Hill Parish Hall](#)

The Connection Newsletter

Is available online and from the hall porch

[The Connection website](#)

Parish Welcome pack > [HERE](#)

Our Advertisers are listed here

<https://south-hill.co.uk/local-advertisers/>



FB GROUP page

www.facebook.com/SouthHillParish

Parish contacts list:

Church. St. Sampson's Judith Ayers
stsampsonssouthhill@gmail.com Baptisms,
weddings or funerals - cluster administrator
info.callingtoncluster@gmail.com

07907081163 Mon/Tues/Weds/ 9am- 1pm
Connection Ali Humphreys 07305 044049
editor@south-hill.co.uk

Cornwall Cllr. Sharon Daw 07837 379305
cldr.sharon.daw@cornwall.gov.uk

Climate Change Group via our Parish Council
Hall Bookings hallbookings@south-hill.co.uk

Hall Chair Chris hallchair@south-hill.co.uk

Horticultural Show Cat catede@hotmail.co.uk

Quiz hallbookings@south-hill.co.uk

Newsletter editor@south-hill.co.uk

Orchard orchard@south-hill.co.uk

Our Parish Councillors [contact list](#)

Parish Council Clerk Jenny Hoskin

01208 72789 southhillpcclerk@gmail.com

Piecemakers Elaine 07360 616627

elaineruthbrewer@hotmail.co.uk

Pilates on Wednesday Sarah 01579 532606
smjlodge@hotmail.co.uk

Pilates Judy jbuntrocklowe15@gmail.com

Recycling for Charity project Ali

SHARE SHARE@south-hill.co.uk

Super Tots Toddler group Now Elaine Young

TT Taekwondo Dale 07790 763547

Walks Ali iamalihumphreys@yahoo.com

Women's Institute southhillwi@gmail.com

Yoga & Pilates Judy 07870 315 718

Zumba Liz 07484 157706

LizLazenbury@gmail.com

www.southhillparishhall.org/whats-on

The CONNECTION TEAM

Look forward to hearing from you.

editor@south-hill.co.uk

Deadline for articles each month is the 15th

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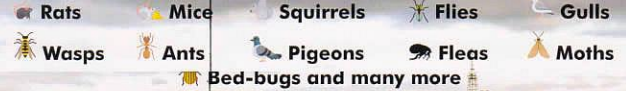
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many live in the parish.**

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Meaders Cabinet Works
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Ash Lamb, Builder & Stonework
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Mob. 07946 235678

SHARE Community Energy Group
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Coombe Small Animal Hotel
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Nicola, Rolling Waves Cornish
Jewellery
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Clarkes Landscaping
Driveways, Man & Digger Tel.
07865 208262

Trencrom Tree Services
Tel. 07762 131377

Callington Slimming World
Tel. 07463 929696

South Haylands Farm Produce,
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southhaylandsfarm@hotmail.com

Cornwall Tile Centre
Pensilva Tel. 01579 362264

Paint N Print New Rd. Callington
Mob. 07708 455 918

Rob Williams. Window cleaning
Tel. 01579 384435

Callington Fresh Produce stall
South Hill & Redmoor Road junction
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Saffron Grove Handmade bags
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Darren's Cars, Taxi
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