The South Hill Connection Newsletter

May 2023

Issue 112

Events

April 27th Thursday 7pm Arts at St. Sampsons church South Hill Piano, Poetry, Painting, Song

> Baby Basics Pre-Loved Sale Horizon Farm shop Tremar Sat. 29th 10 -4pm

Complete the South Hill Parish
HOUSING NEEDS SURVEY paid for by
our parish council, by April 30th
If you want a paper copy to complete
Phone 01872 326353 Now.

May
Thursday 18th
Upton Cross Parish Hall Drop In
2:30 – 4:30pm Coffee & Cake &
Recycling for Charity Drop Off

Sat. 20th 9:30 – 1pm Stoke Climsland Repair Café

Bells Walk Friday 26th 6pm start in Launceston. Car share from Golberdon

May Quiz Sat. 27th 7:30pm start East Cornwall Search and Rescue

> Parish Hall AGM Monday 22nd 7:30pm

ANNUAL PARISH PUBLIC MEETING:

A meeting to update the parish with the work of the parish council is 7.30 pm on Wednesday 31 May the Parish Hall. ALL ENCOURAGED TO ATTEND.

June 3rd Clothes Swap

June 10th Free Defib Training



South Hill Coronation Event

Saturday May 6th start 7pm



Live Music under the hall awning with The Zalick Band . Food & Drink

Tickets in advance £5, will secure you a burger, hot dog or veggie option AND 2 drinks

Accompanied Under 16s can choose one food option and a soft drink for free.

For Tickets call Ali 07305 044049

Cash or card bar serving extra food and drinks











When: Sunday 7th May 2023 Where: Pannier Market Time: 10am to 3pm

Organised by One Callington as part of Callington's Coronation Celebrations

Enquiries: Jane Tel: 07974812721





Callington MayFest Saturday 13th May

Fore Street will once again be closed for the craft market, with performances throughout day in the Town Hall, on the Spar Stage and the Fore Street Stage. Look out for the MASSIVE procession of town criers, giants, morris dancers, horse display team, Flamenco dancers, Belly dancers and much more.

Headlining are Company B, the Cornish Groove Collective and Barrett's Privateers.

This year there will be a new, special event in the field behind the Methodist Church - with a horse display team presentation, a chance to join in with Wyld Thyngz Forest School's events and to make music with Alex's Magic Scrap Band.

Fun performances for all the family. See our Facebook page and website for further details.

https://callingtonmayfest.weebly.com

Monthly QUIZ

Everyone welcome, come and join a team on the night.

South Hill Parish Hall, Golberdon.

Bring Your Own drinks & nibbles

QUIZ NIGHTS - 7:30pm start Fourth Saturday of every month.

Raffle prizes always welcome.

Teams of 4-6 £2 per person.

USE THE HALL FOR FREE. RUN YOUR OWN QUIZRaise money for YOUR club / charity / group.

Book YOUR Saturday. hallbookings@south-hill.co.uk

May 27 th	Nicki	East Cornwall Search & Rescue
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East Cornwall Search and Rescue Team is a charity made up of over 40 unpaid volunteers who are on call 24/7, 365 days of the year, supporting statutory emergency services to search and rescue missing persons. Each year it costs around £25,000 to keep the team running, we do not receive any funding from the Government and therefore heavily rely on public generosity. We look forward to seeing you at the Quiz.

We are proud to announce that one of our Search Dogs has recently qualified and is now able to assist the team in searches for High Risk Missing Persons. TegOrs who lives in the parish and his handler have worked tirelessly for over two years. Massive congratulations to them both for the incredible work put in. TegOrs brother Mac is not far behind and will hopefully qualify this year.

Some frequently asked questions about our Search Dogs:

How long does the training take? Search Dogs take around two years to train with their handler.

What does the training consist of? Training is usually carried out in a variety of locations around the country some local such as Kilmar Tor and Dartmoor and others like South Wales and the Lake District. The dogs learn how to locate scent markers in various types of terrain and weather.

How do dogs qualify? The dogs are assessed in various search areas to ensure they clear the areas efficiently and locate all the volunteers who are acting as missing persons.

How many dogs do we have? At present we have two operational dogs Izzy and TegOrs and one trainee dog, Mac.

How many volunteers do we have? We have 35 operational team members and a group of around 10 team members who are either support volunteers or our Trustees.

If you would like to know more about the team please take a look at our website www.eastcornwallsrt.org.uk or Facebook East Cornwall Search & Rescue Team. If you would like to support the team and it's fundraising, please contact amy@eastcornwallsrt.org.uk Amy Harvey-Brewer 07531 423 866

NEW advertiser Cameron HOGG Landscape DESIGN and BUILD

I'm 30 years old, skilled and enthusiastic Landscape gardener with around 9 years' experience in Landscaping. I've been in and out of the area for the last 10 years, my parents live in the parish and I'm now settling down nearby. I have a background in design, landscaping and building.

Worked up from labourer status through to skilled worker, I was head landscaper for the company I worked for in Bristol, working with a small team and also have done my own private work.

I've completed a short course in joinery and have worked with highly skilled tradesmen, which has enabled me to learn and practice a lot of practical building skills.

Services I offer include, but are not limited to; garden clearance, wall building (both brick/block and stone walling), laying patios, fencing, decking, turfing, raised beds, tree and shrub planting, sleeper work, and block paving.

Now embarking on my own business venture I hope to create beautiful spaces encompassing my love for plants and nature along with my passion for good craftsmanship.

Once established I plan to take on a labourer to complete jobs in a timely way.

I would love to hear from you regarding any landscaping requirements, small to medium size tasks.

Free consultation and taking bookings from mid May.

Cameron 07383 455 091









South Haylands Produce

So what are we doing at South Haylands to ensure sustainability and environmental benefits alongside our beef production? Well...

- We have planted herbal/ diverse mixtures of grasses, legumes and herbs. These mixtures benefit the soil structure, pollinators and reduce our inputs by using legumes that fix nitrogen from the air back to the soil to be utilized by plants. These mixtures have varied root depths too, so should we have another dry summer like previous years; the deeper rooting plants will be able to survive much drier conditions.
- We have been and will continue to plant more trees on farm. This spring we have introduced more fruit trees and we have plans to reinstate some original hedges to aid our rotational grazing plans too. Alongside this we are having the privilege to be having one of 70 plantations of 70 trees to mark King Charles 70 years as the Duke of Cornwall, which ceased last year after his accessions to the Throne.
- We have an abundance of wildlife and insects here and being a neighbour to the Greenscoombe wood SSI, home of the Heath Fritillary we think it's really important to broaden these habitats. We have taken out of production, various corners of very steep areas, that we cannot utilise efficiently. We have many hedges that aren't cut annually and a real array of varieties of trees and plants. Low input fields also buffer the woods.
- Soils are so important! Since looking at our carbon footprint, we have realized just how much our soils can achieve by being looked after. This is altering the way we are thinking about crop production, and we are hoping to trial new things over the next year or two, to see if any improvements can be made. We carry out soil health checks annually, keep our PH levels correct and are very cautious with what fields we will rotate.

There is a load more I could write, but I think that's enough for now!



These are some reasons why British beef is amazing! and we all need to back British Farmers and local suppliers.



A family farm, just below Kit Hill producing local, sustainable and assured meats.

Available to purchase direct from the farm at select times throughout the year.

Beef & limited lamb available.

Contact Graham & Lucy Penney by finding us on Facebook (South Haylands Produce) or email:

southhaylandsfarm@hotmail.com for more information.

All our advertisers are listed at the back of the newsletter and on our web site here > https://south-hill.co.uk/local-advertisers



Our creative learning sessions are in small groups and focus on:

- 'Play' with purpose
- Opening the door to outside learning
- Self-expression and development through creative arts
- Learning from the natural world around us
- Visual, aural, oral and kinaesthetic approaches

In addition to creative learning sessions in small groups, Ryan also offers one-to-one tutoring. Tailored to the specific needs of your child, we develop bespoke creative sessions to bring learning alive in a variety of subjects across the curriculum. He is also a Thrive Licensed Practitioner, developing emotional resilience in children. Visit **our website** www.pumpkinpielearning.co.uk to find out more, book group learning sessions or get in touch to discuss your child's specific learning needs including tutoring or for a Thrive Assessment.

Group Travel Day Trips & Coach Holidays

Coach Excursions & Tours 2023

Tue 16th May Steam Train to Minehead and Lynton &

Lynmouth Cliff Railway
Tue 13th June Hestercombe House & Gardens

Tue 27th June Train from Paignton to Kingswear & Cruise

Dartmouth to Totnes

Tue 11th July Exmouth & River Cruise to Exeter

17th – 21st July Visit Bournemouth

18th August RHS Rosemoor Gardens Flower Show

1st - 3rd SeptBurghley Horse Trials24th - 30th SeptCairngorms, Scotland11th OctoberGoosey Fair, Tavistock

Visit our website for all our excursions & tours and download a PDF version of our 2023 brochure.

Call: Dawn or Robin on 01208 77989 for bookings and brochure website: www.grouptravelcoachhire.co.uk

email: grouptravelcornwall@btconnect.com

REPAIR

Items in for repair ranged from toasters to teddy bears and clocks to the proverbial vacuum cleaner/washer. We also had a fan, a small digital telly, a mobile phone, a sewing machine and a lamp.

There was also tea, coffee, biscuits and cake on offer (donation) and so lots of 'tellin' was had!

We are really pleased with the way the Repair Café is going and are all looking forward to our third one on

Saturday May 20th. 9:30am until 1pm

Stoke Climsland Old School

Our Monthly Bells Walk Friday May 26th will start in Launceston at 6pm at St Mary's Church in the centre of Launceston. We have permission to ring the bells and climb the tower before heading on a walk to discover the area.

We may well visit The BELL INN, be rude not to. Car share from Golberdon, contact Ali 07305 044 049 iamalihumphreys@yahoo.com

St Sampson's Church, South Hill

We are very excited to announce that we have achieved our Eco Silver award. Well done to everyone who helped make this possible. Only a handful of churches have achieved this in Cornwall.



Taking part in global and national events are part of the criteria and participating in **EARTH HOUR** last month, despite the torrential rain, was something we were pleased to do. We spent an hour with the lights off in an eco-friendly way enjoying song, story and baked potatoes together. The fire pit (thanks to SHARE for the firewood) was a warming welcome at the church gate. See below for the count on nature event in June.

If anyone would like to help with this, please contact me.

The first cut of grass has happened, and the smell of cut grass was a welcome return.

There have been some great photos on <u>St Sampson's Living Churchyard | Facebook</u> and I look forward to more, and yes, I was taken in by the 'king robin' on April fool's day!

It was wonderful to worship together on **EASTER DAY** and the church was beautifully decorated. Thank you to all the flower arrangers. We are very blessed with our amazing rural location and all it has to offer and the variety of people who live and work here. If anyone is exploring their faith and are thinking of being confirmed please contact me.

Judith Ayers judithayers@yahoo.co.uk 01579 384617



Wednesday May 24th 7.30pm

An evening of Baroque music with the Aderyn String Quartet

A wonderful candlelit evening with wine and nibbles. A rare opportunity to hear a professional string ensemble play in our atmospheric St Sampson's Church.

Free entry.

Donations welcome for St Sampson's Unlocked restoration project.

Have a listen, they are wonderful. https://youtu.be/PPWSmIhY1y8

Book your free ticket https://www.eventbrite.co.uk/e/baroqueevening-with-the-aderyn-string-quartet-tickets-615994495117

Or call Judith 01579 384617

St Sampson's continued.

Saturday June 24th - Medieval Barrow Push and Church Fair returns for a second year.

Come and commemorate the route that the people of Callington had to walk to attend church or bury their dead at South Hill, before they were allowed to build their own church in Callington.



Create a barrowful of something you feel passionate about – food, film or favourite anything! Wear Fancy dress to match your theme. Teams of up to 6 people.

No restriction on the size of your barrow, but you will have to push it the 2 miles to St Sampsons Church.

Best decorated barrow 1st, 2nd & 3rd Prize, including an annual engraved Trophy made from St Sampson's bell frame.



Dignitaries start outside St Marys church, Callington, at 12.30.

Teams of Barrow pushers assemble at Beech Auctions, South Hill Road.

The procession then walks to St Sampson's Church at South Hill, for fun, food and frolics at 2pm

(You can join *Recycling for Charity* wheelie bin push with Ali if you like.)

Saturday June 10th 11am - Count on nature

As part of the national Churches Count on Nature week, St Sampson's will be hosting a mini ramble around the churchyard with Mike Stephens pointing out and recording the plant and animal species encountered. All are welcome. Love your Burial Ground Week & Churches Count on Nature – FAQs – Caring For God's Acre – the conservation charity for burial grounds across the UK (caringforgodsacre.org.uk)

Tuesday July 11th 7.30pm - Wild Flowers month by month -Talk by plants man Mike Stephens

Cant make these events but would like to donate to help the restoration project Donate Here <u>Donation amount - JustGiving</u>

Judith's plants for sale opposite the parish hall gates, Golberdon. Supporting the church restoration fund.



The next WI meeting will be on Wednesday 3rd May at 7.15 pm when Helen Wilson will be talking to us about The Pinwill Sisters, Mary, Ethel and Violet who worked as professional woodcarvers in Ermington and Plymouth from the 1890s.

Prospective new members welcome to attend a couple of meetings with no commitment!

RECIPE OF THE MONTH Asparagus and halloumi pasta. Make the most of delicious, seasonal English asparagus with this quick and easy lunch or supper dish.

Asparagus and halloumi pasta.

Bring a pan of water to boil and cook pasta (whatever type you have to hand) as per packet instructions, allowing 75g per person as a main course.

As it cooks, pour a generous splash of olive oil into a large frying pan.

Add chopped asparagus, three spears per person, together with 50g per person of diced halloumi. Fry gently for a few minutes so the asparagus turns a brighter green and the halloumi is gently browned. Toss together with the cooked pasta and squeeze over lemon juice.

Finish with grated Parmesan and fresh basil.



A hardy group of members from South Hill ventured across the border into Devon via the Tamar bridge on a very rainy day. The purpose was to find out more about the history of the Royal Albert bridge built by Brunel and the Tamar Road bridge. After a brief chat in the visitor centre we went out onto the pedestrian walkway in some very blustery weather. The sensation of walking along the pathway with the bridge moving beneath our feet was an interesting one!

The talk and being able to see the structural and engineering details was fascinating.





For more information on South Hill W.I. please contact Jane on southhillwi@gmail.com

Recycling for Charity project Hits £10,000

Unwanted toys and games can make money for our charity

- 🗘 Playing cards that are dog eared
- Jigsaws with pieces peeling or missing
- Board games you're bored with that have lost items
- 🗘 Action figures that have no action anyone
- Puzzles that have worn or no parts
- Arts and crafty bits and pieces, pens, rulers
- Vehicles that have crashed or stalled
- 🗘 Dinosaurs, Drawing, Dolls you've grown out of
- Onlis houses, tea sets, any child item of plastic, metal, wood, cardboard, paper Please remove any batteries as a safety issue and stop items talking in my garage.



- Tupperware and other food storage containers, maybe you have more lids than you need, plastic picnic sets that need a break. Chinese Takeaway tubs.
- 👶 Baby bottles and cups, rigid plastic baby's plates and cutlery
- 🗘 Reusable rigid plastic drinks bottles, from Bikers, Hikers & Keep Fitters
- 🗘 All Mobile phones, Any Cameras, Games and Accessories, Headphones
- 👶 Gadgets, Sat. Navs, MP3 players, IPods, Tablet computers, Kindles



ink Cartridges & tanks. (No toners)

We can recycle all these items and MORE

For a FULL list of what we can accept visit

www.south-hill.co.uk/charity-recycling

Every 6 months we can redeem the points accumulated from sending our shipments to Terracycle. The Manufacturers sponsoring the programmes convert this to money for charities.

TO DATE, since 2019, we have saved over 10 Tonnes from being incinerated.

And Raised £ 10,119

for KICKS COUNT charity, who help reduce UK stillbirths.

Plus collecting for and supporting other local charities.





FREE EVENT

Accepted: All Ladies and Mens clothes, in good condition.

Coats, tops, trousers, including teens and baby clothes.

All shoes, boots, handbags, hats, belts, jewellery and accessories.

Drop off your items ahead of time and take away something new on the day.

We are looking for CLOTHES RACKS to display items.

Any old clothes can be bagged as rags for local charities.



Please bring clothes on hangers on

June 3rd 10am – 12noon.

Nothing to Donate! come along and choose items for a donation to Baby Basics charity in Liskeard.

Contact SHARE@south-hill.co.uk
Or Ali 07305 044049

South Hill Parish Council

Details of the meeting held on 18 April 2023 included the following topics:

HOUSING NEEDS SURVEY: The Housing Needs Survey for the Parish closes on April 30th 2023. All households in the Parish should have received details by letter of how to complete the forms online. http://letstalk.cornwall.gov.uk/south-hill-housing-needs-survey Whilst most of the survey is designed for people living in the Parish, others with a local connection but living elsewhere are allowed to fill out the details to enable local needs for affordable housing to be determined. Phone for a paper copy to complete 01872 326353

DONATIONS: As usual it was decided to donate £400 towards the cutting of the Parish church grounds and £100 towards maintenance of the Chapel burial grounds.

CLIMATE ACTION PLAN: The First draft was approved and will be placed on the Council web site for public comments. (You can also find a copy on The Connection web site here)

DEEP DIGITAL CORNWALL SURVEY: DDC have now completed their survey in the area. The sophisticated aerial survey to map the geology, natural resources and environment of Cornwall was completed in early March. Further details of the aims and progress of the survey can be found at the **DDC Survey Webpage: EM Geophysical Survey** | **Deep Digital Cornwall**

Have you say on the helicopter flight here > Cornwall survey - impacts of helicopter overflights - 2023 (onlinesurveys.ac.uk)

ALLOTMENTS: Three allotments are still available. If you are interested in an allotment please contact Carol Samuel 07777 695870.

RECREATION FIELD crown reduction & pruning to sweet chestnut trees, more trees planted, hedge trimming within the field every 2 years, more areas left unmown. **Details here.**

ANNUAL PARISH PUBLIC MEETING: A meeting to update the parish with the work of the council is planned for 7.30 pm on Wednesday 31 May 2023 in the Parish Hall. ALL WELCOME.

DEFIBRILLATOR: The new defibrillator is in place outside the Parish hall with free training for all interested on Saturday June 10th 12noon to 2pm.

UPDATE FROM: Cllr Pete Tunnicliffe (for fully accurate information as to council meetings readers should consult the minutes of council meetings at www.south-hill-pc.gov.uk)



All communication should be directed to Jenny Hoskin (Parish Clerk)
Telephone 07810 234417 or email southhillpcclerk@gmail.com or write to South Hill Parish Clerk, Branston Farm, Bodmin Rd, Bodmin PL30 4BB

The PC AGM is Tuesday May 16^{th} at 7:30pm followed by the regular monthly meeting.

SAVE THE DATE! JUNE 10th - 12pm -2pm

WHAT? AED AWARENESS TRAINING

THE COMMUNITY HEARTBEAT TRUST will be demonstrating the use of Defibrillators and explaining how the equipment works and it's benefits to the community in saving precious minutes in the treatment of Sudden Cardiac Arrest

WHY?

The more people who know how to use the portable defibrillator installed in our community, the more chance there is of saving the life of a victim of Sudden Cardiac Arrest.

WHERE? South Hill Parish Hall, Golberdon.

No Pre-Booking necessary. Everybody is welcome, including secondary school age children, and no special skills are required, just a willingness to play an important role in the event of a medical emergency.

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Notice of Parish Hall Annual General Meeting 22nd May 2023

All South Hill residents are invited to attend the AGM of the Parish Hall which will be held in the hall on Monday 22nd May at 7.30pm. Those over age 18 are also entitled to vote at the meeting which includes the election of (up to) five members on the management committee, in addition to those nominated by parish organisations.

The Parish Hall is a registered charity, run by unpaid trustees and members of the community. Your support for the continued success of the hall will be valued, whether by simply attending the meeting, by considering helping on the committee or by volunteering in other ways.

If you think you may be able to help and have any questions then please feel free to contact me, or any committee member, for an informal chat or just come to the meeting.

We look forward to seeing many of you on Monday 22nd May.

Chris Beckett, Hall Chair - 01579 683351 / hallchair@south-hill.co.uk

The other current committee members are:

Christine & Jim Fazackerley, Paula Hartley, Dennis Hicks, Hilary Hogg, Kim Howat, Ali Humphreys, Sarah Lodge, Trevor Mansbridge.

Hedgehog AwarenessWeek 30th April - 6th May 2023



Help make your garden safer for hedgehogs, encouraging them to visit and perhaps even nest in your garden.

Find out more about hedgehogs during #hedgehogweek

THE FOLLOWING EVENT IS BEING ORGANISED IN YOUR AREA:

Come and meet your Local Hedgehog Carers and Rehabilitators

In: CALLINGTON TOWN HALL

WEDNESDAY 3rd MAY

From 9.00 AM until 12.00 AM



Many of us took part in

NO MOW MAY

last year and we are
encouraged to do the same
again. Will you leave a patch
or go all in and put the
lawn mower away?

Well Done Callington Colts Under 14's

POS	Team	Р	w	D	L	PTS
1	Southgate Colts U14	18	14	3	1	45
2	Callington Colts U14	18	12	3	3	39
3	St Cleer & Liskeard Youth FC U14	16	13	0	3	39
4	Keyham Kolts Youth U14	18	9	0	9	27
5	Horrabridge Rangers Juniors SA U14	15	8	2	5	26
6	Goals Soccer School U14	16	8	1	7	25
7	Plymouth Parkway Youth U14	14	5	1	8	16
8	Plymouth Marjon Youth U14 St Marks	17	2	1	14	7
9	Drake FC Youth U14	16	2	2	12	5*
10	Manstow Youth U14	16	2	1	13	4*

CHURCH MATTERS: Between Times

By the time you read this, Easter will have come and gone. You will be in **between times**. During the seven week interval between Easter and Pentecost, the first followers of Jesus had been told to wait until the Spirit comes. They were witnesses to an incredible event: the resurrection of a man who was clearly, a few days before, dead (the Romans ensured this was the case). It blew their minds and completely transformed them from being a scattered, fearful and despondent group into courageous and joy filled people who turned the world upside down. But first, they needed something or someone to help them. Jesus, now risen from the dead, appeared to his followers on one occasion, while he was eating with them, and said:

"Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit." (Acts 1: 4 – 5)

The Holy Spirit is often called the 'Counsellor' or the 'Advocate' who was poured out at the first Pentecost after Jesus' death and would continue to be poured out until Jesus comes again. This marks the birth of the Church, who live between the times; sometimes referred to as the last days. The Spirit is spoken of in this striking liquid form partly because of the link with baptism and also because, when outpoured upon a person, they have an overwhelming experience of being filled, cleansed, healed, uplifted, reborn, even that they are drenched with the Spirit.

Jesus talks about the Spirit as the one who gives life, insight, who sustains them in suffering or opposition and who gives them the words to say. The word used for 'Spirit' is 'Pneuma' for the Spirit is the Christian's very breath; giving them spiritual life. The Spirit is like the wind that blows that can't be seen but is powerful enough to move huge ships across the sea. The presence of the Spirit convicts us of the things which are wrong and cause hurt and opens our eyes to the things of God. The Spirit never forces a way into our lives but descends as gentle as a dove.

It's not surprising that Jesus tells them not to start off building his kingdom until the Spirit comes. Having an Advocate like this is essential. The work Jesus gives his followers to do, would be impossible without the Spirit's **power** (the original word for power = **dunamis**: from which we get the word dynamite). We talk about **spirituality** and that we are **spiritual beings** and we all truly are. The Holy Spirit is described as a person, a 'he' in English translations. Yet the 'Spirit' is not described in masculine or feminine gender forms in the original languages (Spirit is neuter in Greek, female in Hebrew and Masculine in Aramaic!). Yet the Spirit is not an 'it' or a force but a real person! Let's be sure of one thing, grammatical gender is not the same as personal gender. In a way, this defies traditional logic and tells us something about the divine nature of the Spirit as person transcending gender.



During these in **between times**, we to need the Holy Spirit as much as the first disciples. The very account of the *Acts of the Apostles* are probably best described as the *Acts of the Holy Spirit* working in and through ordinary flawed people. Are you in between times, waiting for the next stage of your life to begin? Maybe ask God, who is not far from each of us, to pour our the Holy Spirit upon us so we are immersed in love, power and know the presence of Jesus is always with us? It requires an act of faith just as if you want to catch the wind, you need to put up a sail.

Regular Hall Events

Mon. 9:30 - 11:30am Super Tots group

Tues. 6:15 – 7:15pm Yoga with Judy

3rd Tues. 7:30pm Parish Council meeting

Wed. 9:15am Zumba Fitness with Liz

Wed. 10:20am Pilates with Sarah

1st Wed. **Women's Institute** 7:15pm

Thur. 7 – 8pm **Pilates** with Judy

Fri. 6 – 8:30pm **TT Taekwondo** with Dale

4th Sat. Monthly Charity **Quiz** starts 7:30pm to book <u>hallbookings@south-hill.co.uk</u>

South Hill Piecemakers

 1^{st} & 3^{rd} Mondays 19:30-22:00 and 2^{nd} & 4^{th} Tuesdays 13:30-16:30 and one Saturday a month.

Callington Colts Fixtures

The Connection NewsletterIs available on line and from the hall porch

<u>The Connection website</u> Parish Welcome pack > <u>HERE</u>

Our Advertisers are listed here https://south-hill.co.uk/local-advertisers/

FB GROUP page www.facebook.com/SouthHillParish

Parish contacts list:

Church. St. Sampson's Judith Ayres stsampsonssouthhill@gmail.com Connection Ali Humphreys 07305 044049 iamalihumphrevs@vahoo.com Cornwall Cllr. Sharon Daw 07837 379305 cllr.sharon.daw@cornwall.gov.uk Climate Change Group via our Parish Council Hall Bookings hallbookings@south-hill.co.uk Hall Chair Chris hallchurch@south-hill.co.uk Horticultural Show Cat catede@hotmail.co.uk hallbookings@south-hill.co.uk Quiz Newsletter editor@south-hill.co.uk Orchard orchard@south-hill.co.uk Our Parish Councillors contact list Parish Council Clerk Jenny Hoskin 01208 72789 southhillpcclerk@gmail.com Elaine 07360 616627 Piecemakers elaineruthbrewer@hotmail.co.uk Pilates on Wednesday Sarah 01579 532606 smilodge@hotmail.co.uk Judy jbuntrocklowe15@gmail.com Pilates Recycling for Charity project Ali SHARE SHARE@south-hill.co.uk Super Tots Toddler group Katie 07753 102937 Pioneerfamilyworker@outlook.com TT Taekwondo Dale 07790 763547 Walks Ali <u>iamalihumphreys@yahoo.com</u> Women's Institute southhillwi@gmail.com Judy 07870 315 718 Yoga & Pilates

www.southhillparishhall.org/whats-on

Liz 07484 157706

LizLazenbury@gmail.com



LAST MONTH we said.

From 1st April: To further promote recycling with TerraCycle, Coca Cola is introducing plastic ring pulls on ALL their range of drinks cans.

Please Start Saving NOW! and put them with the drinks cans in the bin at Green Meadows or at the bag at Moorland View footpath to Trewoodloe Lane. Thank you.

Zumba

THAT WAS AN APRIL FOOL. There are no plastic ring pulls.

But please keep saving your cans for us.

Josh Gosling, Carpentry Tel. 07954 181042

Billy the Boiler Plumber & heating engineer service@billytheboiler.co.uk

Blue Chip Fish & Chip Shop 30A Fore St., Callington. Tel. 01579 384999

David Skelton, Electrician Tel. 01579 382397 Mob. 07776 386828

Phil Coles, Butcher & sales Tel. 01579 362215 Mob. 07796607913

Tregaver Fibre, Wool Fibre Tel. 07904 647328

Kelliwik Garden Services Tel. 07931 443532

Taw Valley Upholstery Coads Green Tel. 01566 786766

Radford Plumbing Kitchen & Bathroom Fitting Tel. 01566 782070

Honicombe Manor Leisure and Restaurant Tel. 01822 258090

Folklore Hiking Sticks Mob. 07500 158514

Calli Pizza Café Callington Pannier Mkt Tel. 07861 312 661

Yogurt Hair Design. Callington Fore St. Tel. 01579 383830

Sharon Stallard Celebrant Tel. 07766 800575

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South Hill Handyman Services Tel. 07936 156701

Meaders Cabinet Works & Kitchen Manufacturers. Tel. 01579 383160 / 384114

Ash Lamb, Builder & Stonework Tel. 01579 386919 Mob. 07946 235678

SHARE Community Energy Group 01579 382397

Coombe Small Animal Hotel Tel. 01579 363901

Nickie, Bee Beauty Golberdon Massage & Beauty treatments Tel. 07521 981254

Nicola, Rolling Waves Cornish Jewellery Tel. 07975 965361

Clarkes Landscaping Driveways, Man & Digger Tel. 07865 208262

Trencrom Tree Services Tel. 07762 131377

Callington Slimming World Tel. 07463 929696

South Haylands Farm Produce, Local Beef & Lamb. southhaylandsfarm@hotmail.com

Cornwall Tile Centre Pensilva Tel. 01579 362264

Paint N Print New Rd. Callington Mob. 07708 455 918

Rob Williams, Window Cleaning Tel. 01579 384435

Callington Fresh Produce Stand, South Hill & Redmoor Road junct. Mob. 07813 157961

Saffron Grove Handmade bags Tel. 01579 371123

Mob. 07969 765176

Nick the Handyman Tel. 01579 384770 Mob. 07715 606252

House of Colour Natasha Glasgow Tel. 07835 781060

Eversfield Organic, Grocery Delivery. Tel. 01837 871400

AB Pest Solutions Tel. 07895 512874

Sarah's Photography Keadeen Bed & Breakfast & Parkyn Place Campsite Tel. 01579 384197

Jems Book Shop, Usbourne Books Tel. 07376 522139

Fresh Carpet Cleaning Tel. 07905 188459 0800 3893393

Security Dynamics 24- Hour Call Out Tel. 01579 389192 Mob. 07735 362700

Beech Auctions Tel. 01579 383129

Tamar Valley Country Store, Kelly Bray Tel. 01579 382250 Mob. 07918 854258

Darren's Cars, Taxi Tel. 01579 556141

Bingo Blooms, Florist Tel. 07814 459515

Dan Hunt, TV and Tech Installation, Repair & Support. 01822 834638 07779 253 719

Group Travel Trips & Hire Tel. 01208 77989

I fix Kernow, iPhone Repairs Callington. 01579 382687 Mob. 07484 858305

New Pumpkin Pie Learning Call 07966 614 174

The South Hill Connection Team

Thank you for your feedback.

We discovered that some newsletters that we emailed

Have been lost in your junk folders.

I don't know how to resolve that BUT

EVERYONE that emails me to say they have read our newsletter,

New readers/subscribers welcome to email me,

Those that have printed copies please call 07305 044049

All will be entered into a draw to win tickets for Launceston Show on Thursday July 27th 2023

A One Day Agricultural Show and a Family Day Out. Livestock Classes, Childrens Entertainment. Rural skills. Vintage Vehicles. Trade stands. Crafts, Food, Licensed Bar. YFC, WI and Flower tents and Main Ring Attractions.

www.launcestonshow.co.uk

PLEASE ask your neighbours, DO YOU READ THE PARISH NEWSLETTER? Let's make sure everyone is connected.

Also send your Letters to the Editor by the 15th of the month, a newsworthy item, event, article, photo, or a story to share.

email editor@south-hill.co.uk

or text /phone Ali 07305 044049

The South Hill FACEBOOK GROUP easily allows you to post or comment on any events, lost pets, road works etc...

www.facebook.com/groups/southhillparish

HAVE A GO and help to put the newsletter together!!

Are there any students that would be interested? Part of DofE? Plus

A person to send reminders to our advertisers and check they pay.

This is done just 3 times a year.

If interested, please let me know, Ali at editor@south-hill.co.uk
Or call or text on 07305 044049 Thank you.

WE HOPE YOU ENJOY READING YOUR NEWSLETTER