The South Hill Connection Newsletter

April 2023

Issue 111

Events in The Parish

1st April Doors open at 7pm 7:30 start Yn Poynt Da Old & Proud Fun Show →

8th Easter Fair 10am – 2pm & Egg Hunt 2- 3pm at The Parish Hall → →→

Monthly Charity QUIZ 22nd 7:30pm start With South Hill Horticultural Show

> 22nd Community Bells Walk 10am start St. Neot TBC

Open Gardens at South Hill 23rd Sunday 1 – 5pm

27th Thursday 7pm Arts at St. Sampsons Piano, Poetry, Painting, Song

CPR & Defibrillator
2-hour training session
April 27th or 28th 1pm
Book your place with Ali
07305 044049

June 4th Clothes Swap start spring cleaning your wardrobes. >> clothes racks needed please <<

May Saturday 6th
South Hill Coronation Event
Live Music under the hall awning with
The Zalick Band . Food & Drink
Tickets in advance £5, will secure you a
burger, hot dog or veggie option AND
2 drinks from 7pm
Cash or card bar for extra food and drinks



Old & Proud Show. Tickets on the door just a Fiver. Song and Dance skits, there's a bed and a dog involved, join us for some laughs. Bring your own drinks & nibbles, coffee & tea available at the interval.

SOUTH HILL PARISH HALL, GOLBERDON

SATURDAY 8TH APRIL

10AM-2PM

REFRESHMENTS, STALLS, ACTIVITIES FOR

CHILDREN AND MORE.

For sale:

Jewellery, Jams and chutneys, Handcrafted goods, Sweets, Pebble pictures, Plants, Haberdashery supplies, Books, Cakes & more Raffle Prizes Welcome. Money raised for the Turkey and Syria earthquake fund.

EASTER EGG HUNT Trailer Rides, Painting, Fun & Mayhem Starts from the hall 2 – 3pm



Complete the South Hill Parish
HOUSING NEEDS SURVEY paid for by
our parish council, by April 30th
If you want a paper copy to complete
Phone 01872 326353 Now.





Callington MayFest Saturday 13th May

Fore Street will once again be closed for the craft market, with performances throughout day in the Town Hall, on the Spar Stage and the Fore Street Stage. Look out for the MASSIVE procession of town criers, giants, morris dancers, horse display team, Flamenco dancers, Belly dancers and much more.

Headlining are Company B, the Cornish Groove Collective and Barrett's Privateers.

This year there will be a new, special event in the field behind the Methodist Church - with a horse display team presentation, a chance to join in with Wyld Thyngz Forest School's events and to make music with Alex's Magic Scrap Band.

Fun performances for all the family. See our Facebook page and website for further details.

MayFester Musicians



A fun series of workshops especially for those who would like to play with others. Exploring **Cornish based music**. Rosie is a great leader and runs the Calstock Rubber Band, amongst other groups, and is even a Comish bard!



MayFester Singers

Just want to have a go at singing for fun? Then this is for you: no obligation, drop in and give it a go.

Sarah is a great leader and inspires all who have experienced her leadership in previous years.



All workshops are open access, free sessions; no need to attend all of them. We do ask for a donation and hope you will join us at Callington MayFest on Saturday 13th May.

But the bottom line is: it's great fun - come and give it a go!

ALL WORKSHOPS ARE FREE - BUT DONATIONS WELCOME!

	Music Workshops (10.30-12.30)	Singing Workshops (10.30-12.30)
April 01		Callington Methodist Church
April 08	Callington Primary School	Callington Methodist Church
April 15	Callington Town Hall	Callington Methodist Church
April 22	Callington Town Hall	Callington Methodist Church
April 29	Callington primary School	Callington Methodist Church
May 06	Callington Methodist Church	Callington Methodist Church

Register your interest for the Singing & Music workshops at https://tinyurl.com/mrm7cyzs

Contact www.callingtoncave.weebly.com https://callingtonmayfest.weebly.com caveatcallington@gmail.com

Monthly QUIZ

Everyone welcome, come and join a team on the night.

South Hill Parish Hall, Golberdon.

Bring Your Own drinks & nibbles

QUIZ NIGHTS - 7:30pm start Fourth Saturday of every month.

Raffle prizes always welcome.

Teams of 4-6 £2 per person. **USE THE HALL FOR FREE. RUN YOUR OWN QUIZ**

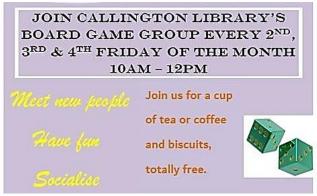
Raise money for YOUR club / charity / group.

Book YOUR Saturday. hallbookings@south-hill.co.uk

April 22 nd	Lucy	South Hill Horticulture Show
May 27 th	Nicki	East Cornwall Search & Rescue
June 24 th		









Windmills

South Hill, Callington, PL17 7LP

Sunday 23 April 1 - 5pm

Adults £6 Children free

Combined opening with Anvil Cottage, South Hill, Callington, PL17 7LP







More information at ngs.org.uk



PRE-LOVED SALE

29th APRIL 10 - 4

CLIFFORDS CAFE, HORIZON FARM
CHILDRENS USED CLOTHES, TOYS,
REFRESHMENTS AVAILABLE.

JOIN US TO HELP RAISE FUNDS FOR OUR CHARITY.

TO BOOK A TABLE CONTACT US ON OUR FACEBOOK PAGE,

IF YOU REQUIRE SPECIFIC SIZE AND GENDER CLOTHES PRE-ORDER AND COLLECT ON THE DAY £5 FOR A CARRIER BAG.





Callington Bowling Club

Website: Callingtonbowlingclub.co.uk

Ample Car Parking is Available

Two Family Events for You

A Family Taster Day is taking place at the club (Located in Liskeard Road) on **Sunday 30th April 10 am to 4 pm**.

Target Bowls - Balls in a Bucket - Crazy Putting
Actual full rink Lawn Bowls 'Taster Sessions'
This provides an opportunity for you, your friends to
give bowls a go, have fun and meet new people.
No need to pre-book just turn up and we will do our best
to help you have a fantastic time with us.

Please wear Trainers or Flat Bottom Footwear.

We will supply everything else.

And there is also

Our 'Coronation' Family Day All the above plus

Bank Holiday Monday 8th May (10am - 1pm)

'Open' Target Bowls Competition.

'Champions Trophy'

Other Fun Games on the Day

Reduced Membership Fees are available for New Outdoor Bowling Members. Under 18's Membership is Free.

Refreshments Available

Inspirations...

An arts evening

Thursday 27 April, 7.00pm Saint Sampson's, South Hill

Piano,
Poetry,
Painting,
Song.

Donations { { { }





Community Bells Walk
Saturday April 22nd
10am start St. Neot TBC
We will be car sharing.

You can find more walks on our Connection web site



St Sampson's Unlocked Events Thursday 27 April 2023 at 7.00 pm Inspirations Evening - an evening of Painting, Poetry, Piano and Song Wednesday 24 May 2023 at 7.30 pm Aderyn String Quartet Saturday 24 June 2023 afternoon Barrow Push and Summer Fair Tuesday 11 July 2023 at 7.30 pm Wildflower Talk by Michael Stephens

ENERGY SAVING ADVICE DROP-IN SESSIONS

Advice and support for householders in Cornwall looking for ways to make their homes warmer, safer and healthier

How we can help

We're Community Energy Plus: Cornwall's energy advice charity.

We offer free expert and independent advice and can help you to:

- · Save energy and money
- · Understand your energy bills and help with fuel debt
- · Reduce damp and mould in your home
- · Improve your home safety

We can provide support with applying for grants for heating repairs and upgrades, insulation and other energy-efficiency measures; and signpost you to services provided by local and national organisations

We'll be at Mustard Seed Tuesday 25 April 1pm - 3pm



COMMUNITY ENERGY PLUS













Callington Town

There are lots of stalls including Fresh Vegetables, Locally Produced Meat, Cakes, Homeware, Artwork, Organic Alcohol and Gifts. With an amazing array of old and new traders joining us, it's not to be missed! You won't be disappointed!



Come and support your local traders. Pannier Market, Callington.

Toilets, including disabled and baby changing facilities, in the Town Hall and on New Road opposite the Town Hall.

1st Sunday of every Month

For more information, or if you are a trader wanting to book a pitch, please call 01579 384039

Or email market@callington-tc.gov.uk

Cornwall Resources are now studying the data from the recent helicopter flyover.

Full details will be available at another public presentation, meanwhile if you are really interested in the findings from recent surveys, you can contact them at the Kelly Bray HQ





All our advertisers are listed at the back of the newsletter and on our web site here > https://south-hill.co.uk/local-advertisers

Pumpkin Pie

Home schooling your child and looking for local, high quality, creative learning sessions?

Here at Pumpkin Pie we deliver fun, creative, group learning sessions and experience days in Cornwall and Devon, where your child will learn through playfulness and curiosity, often in an outdoor setting. Sessions by Pumpkin Pie Creative Learning are led by experienced and highly qualified teachers, including Ryan Hill, our award-winning Lead Teacher and Creative Learning Consultant.

These learning sessions engage children with a light-hearted approach and an informal style. Learning in this way is known to help children (and adults) learn, and remember their learning, up to 50 times faster than traditional, classroom-based education!

Our Pumpkin Pie Creative Learning techniques include learning tricky facts through unique, catchy and specifically composed, silly songs; using a variety of art mediums to help remember information that won't 'stick' (e.g. spellings, grammar etc); getting muddy and using sticks to calculate maths problems; getting involved in drama or play to improve writing; being hands-on with animals and food to understand science processes...the list is endless!

Our ethos is based on the principles of 'PACE' - Playfulness, Acceptance, Curiosity and Empathy (*Daniel Hughs Ph.D*) with sessions designed for children from ages 4 to 14 including Special Educational Needs and Disabilities (SEND).



Our creative learning sessions are in small groups and focus on:

- 'Play' with purpose
- Opening the door to outside learning
- Self-expression and development through creative arts
- Learning from the natural world around us
- Visual, aural, oral and kinaesthetic approaches

In addition to creative learning sessions in small groups, Ryan also offers one-to-one tutoring. Tailored to the specific needs of your child, we develop bespoke creative sessions to bring learning alive in a variety of subjects across the curriculum. He is also a Thrive Licensed Practitioner. The Thrive Approach is about developing emotional resilience in children. It places well-being at the centre of the learning, enabling to truly thrive - both emotionally and academically.

Whether your child is being home schooled, they have a learning need that their school is unable to meet currently, or you feel they need some additional support outside of the school setting, Pumpkin Pie Creative Learning is here to help.

Visit **our website** <u>www.pumpkinpielearning.co.uk</u> to find out more, book group learning sessions or get in touch to discuss your child's specific learning needs including tutoring or for a Thrive Assessment.

Email info@pumpkinpielearning.co.uk Call/WhatsApp 07966 614 174



Ryan with some of his Pumpkin Pie students





Community Orchard Wassail

The sun was shining, and the birds were singing as we blessed the apple tree in the community orchard. Thanks to Peter & Dick for taking some fabulous photos of us all in action as we made plenty of noise and put our cider-soaked toast on the trees. Much apple cake was eaten, but still plenty left over for Sampson's Supertots to share the next day. I look forward to being able to pick the apples next autumn.



St Sampson's Church, South Hill

Giant making

Have you ever wanted to make a giant? Now is your chance. Friday 14th April 9.30am – 4pm ish at St Sampson's Church, we will be making a giant St Sampson monk figure for walking in the procession at Callington May Fest on Saturday 13th May. The workshop will be led by Mark & Biddy Gregory, who have years of experience and have helped for many years to create 'giants'. All ages can join in the creating of the giant and help to parade it at Mayfest. Drinks and cake will be available, but bring your own lunch. Contact stsampsonssouthhill@gmail.com for more information and to reserve your place.

INSPIRATIONS Thursday 27th April 7.00 p.m. St Sampson's South Hill

- A relaxing evening of artistic delights in the unique setting of ancient St Sampson's. World renowned organist and conductor **David Davies**, now organist of Buckfast Abbey plays piano and organ and accompanies his wife soprano **Rebecca Davies**.
- Published Poet **Jane Newberry** takes us on a surprising and mysterious journey in verse.
- **Anthea Lay**, former contestant of The Big Painting challenge invites us to discover what inspires her fantastic paintings

Enjoy a glass of wine in ancient, atmospheric St Sampson's Church and be inspired. Free entry, but donations welcome towards St Sampson's Unlocked restoration fund.

Baroque concert Wednesday May 24th 7.30 pm

A unique opportunity to see and hear a professional string quartet, Aderyn, perform at St Sampson's Church. Candle lit and refreshments. It will be wonderful. Free entry but donations welcome towards St Sampson's Unlocked restoration fund.

Medieval Barrow push and fete Saturday June 24th

Remember last year? We are doing a repeat performance. If the giant survives Mayfest, it will re appear at this event. Why a barrow push you may ask?

In the beginning, there was only a faraway churchyard. The road to St. Sampson's was onerous to carry the weight of the dearly departed. "What say ye we have a church and a yarde of our own?" said the burghers of Callington in 1371. In time, the parishioners of St. Sampson's, the Lord of the Manor, the Prior of the Abbey of St. Germans, and the Pope in Rome himself all agreed...it was a long walk. So, in 1438, St. Mary's became its own daughter church to St. Sampson's and Callington Parish was created from South Hill. Now we walk this Medieval route from Callington to St. Sampson's in celebration.

Get your teams ready to push your decorated barrow and win the trophy for best decorated barrow. The traditional fete at the church last year was great, this year will be even more fabulous.



On Wednesday 1st March, **South Hill W.I.** had a wonderful evening making Easter decorations. Our member, Helen Squires provided the decorations and the base for the participants to add their own personal touches. We all left very happily that evening with our decorative Easter arrangements. Many thanks to Helen.



Recipe of the Month: **PAPRIKA CHICKEN WITH CHICKPEAS AND FENNEL**This is a really useful dish, very quick to prepare and cook - and delicious ②.

1 medium (about 12 ozs) fennel bulb, trimmed and chopped 2 garlic cloves, chopped 400g tin of chickpeas, drained & rinsed 1 teaspoon smoked paprika 250 mls chicken stock 250 mls single cream**
6 chicken thighs, boneless and skinless 1 tablespoon olive oil Salt and pepper to taste

The next WI Meeting will be on Wednesday the 5th April at 7.15 pm, when a local bee keeper will be talking about Keeping Bees and Making Honey.

Preheat oven to 250°C/Gas Mark 9
Place the fennel, garlic, chickpeas, paprika, salt and pepper in a deep-sided roasting pan.
Add the stock and cream and mix to combine.
Brush the chicken with the oil. Sprinkle with salt and pepper. Place on top of the fennel mixture.
Cook for 20 minutes, or until the chicken is golden and cooked through.

Tip - you can replace the fennel with other vegetables, such as onions.

** The cream can be substituted with Alpro Single Soya - tastes just as good, but has 42% less fat than the cream, so is much healthier!

Prospective new members most welcome to attend a couple of meetings with no commitment!

For more information on South Hill W.I. please contact Jane on southhillwi@gmail.com

Recycling for Charity project

Two New Recycling Programmes



Ali

From 1st April: To further promote recycling with TerraCycle, Coca Cola is introducing plastic ring pulls on ALL their range of drinks cans.

Please Start Saving NOW! and put them with the drinks cans in the bin at Green Meadows or at the bag at Moorland View footpath to Trewoodloe Lane. Thank you.

ALL Broken or damaged toys and games made from: Plastic, Metal, Wood, Cardboard & Paper.

Dolls, Vehicles Action Figures

Arts & Crafts Games & Puzzles

Jigsaws Cards Boards Games

Colouring books Bits & Pieces



Drop off your items to Green Meadows, 200 yards from Golberdon crossroads, on the South Hill Rd... OR to Callington Library Foyer. ANY QUESTIONS ASK Ali 07305 044049 iamalihumphreys@yahoo.com

These items will be broken down and made into new products.

Funds raised will support Kicks Count charity. Helping to reduce UK stillbirths

For a FULL list of what we can accept visit www.south-hill.co.uk/charity-recycling

You REALLY like your Pringles, we send around 150 tubes every month. It takes 20 tubes to generate a £1 charity donation so keep 'em coming. THANK YOU.





Infra-Red (IR) Thermal Imagery at 'The Windmills'

Through the parish Solar Fund **SHARE** has acquired an IR thermal imaging camera so people can make a personal survey of their properties' heat efficiency.

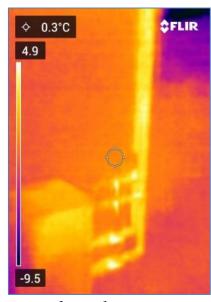
Read the full article here> SHARE Infra Red camera

The first thing to say is that it's quite easy to use, interpretating the pictures however takes some care. I would suggest that the main potential of the camera is to indicate where heat loss is occurring i.e. warm things when looking at the outside of a house and cold surfaces inside the house.



About 2 years ago I replaced the oil boiler in our house with an air source heat pump; you can see it in the left-hand picture. The pump draws heat from the air and pumps it into the house, a bit like a back to front refrigerator. To get the warm water into the radiators in the house, pipes run up the side wall of the house and into the attic.

I used the FLIR camera to examine the quality of insulation put on the pipes by the installer. A picture of the pipework using the FLIR camera is on the right, clearly a lot of heat was being lost to the outside air



by inadequate insulation. I am sure that improved insulation will reduce my electricity bills.



Other outside pictures, left, reveal that our front windows (bright area, centre) could do with replacing, the two dark (cold) Velux windows above are clearly much better at keeping the heat in than most of the roof and walls.

The FLIR camera is available to all SHARE members and NON SHARE members that live in the parish, to examine their properties.

To use the camera contact Mary Hardman at Maders 01579 384345. There will be a £10 refundable deposit.

Whilst care is needed before making changes, as you can see, I believe that the camera is a valuable asset on the road to making properties more energy efficient.

REMEMBER WHEN

Green Shield Stamps where popular during the sixties and seventies and cluttered up kitchen drawers everywhere. Did you collect them, lick them?



The Green Shield Stamp scheme was introduced into the UK in 1958 by Richard Tompkins based along the same lines as the successful Sperry & Hutchinson Green Stamps in the US.

Essentially a sales promotion or incentive scheme designed to encourage shopping, Green Shield Stamps were given to shoppers with every purchase. It was widely adopted with most shops, supermarkets and petrol stations signed up to the scheme.

The number of stamps each shopper received depended on how much was spent in the store. The more money you spent, the more stamps you got.

The stamps were then stuck into a book and with no easy adhesives like today, the back of each stamp had to be licked.

There were 40 stamps to a page and about 32 pages to a book. I remember LARGER domination stamps were introduced.



When the book was full it could be redeemed at a Green Shield shop, (a trip to Plymouth) for all manner of household goods chosen from their catalogue.

Popular while it lasted, the scheme suffered when Tesco eventually stopped using it and cut their prices across the board instead.

This simple value for money approach proved so popular with shoppers that other retailers were forced to follow suit and the use of Green Shield Stamps started to decline.

To retain business, Richard Tompkins reportedly had a brainwave while holidaying in the Greek city of Argos. He came up with the idea that his Green Shield shops should start to accept cash alongside stamps. Soon the catalogue shops became cash only and were rebranded as **Argos** from 1973.

WHAT DO YOU REMEMBER?

South Hill Parish Council

Details of the meeting held on 28^h March 2023 included the following topics:

FOOTPATHS, LOCAL MAINTENANCE PARTNERSHIP: A contractor has offered to cut the footpath from Mornick to Linkinhorne. The footpath maintenance partnership with Cornwall Council will be used to pay for this each year. A contractor or individuals are still needed for paths in the Trevigro area. Call Cllr Pete Tunnicliffe Telephone: 07554 990984 **FOOTPATH at WOODLAND HOUSE:** A letter has been received by the council regarding the footpath on the property. It was decided to reply to this letter and suggest that the council install a gate so that safe access can be made along the footpath.

HOUSING NEEDS SURVEY: It's never been easy to buy or rent a home in Cornwall where prices are higher than average, but wages are below average. The number of homes for rent has gone down in recent years because of the number of houses sold for second homes or for holiday rental. Thankfully in this parish, that has had minimal effect, but it is still very hard for anyone who grows up locally to get a job which pays well enough to afford a home here.

The Parish Council has recognised that we don't really know what need there is, either in terms of numbers or the type of housing, which is the reason for this survey. By taking this initiative and following a Community-led Housing model, our community will have a leading role in choosing the type of new homes that we need most.

The housing needs survey for the Parish is now open, with all households in the Parish receiving details by letter of how to complete the forms. The closing date to complete is 30th April 2023. Whilst most of the survey is designed for people living in the Parish, others with a local connection but living elsewhere are allowed to fill out the details to enable local needs for affordable housing to be determined.

The results of the survey will help the Parish Council consider our affordable housing needs, and will consult with Mr Pollard C.C Development Officer for the Housing Revenue Account, who has considerable knowledge of the history of Moorland View, a possible development site in Golberdon. Our Neighbourhood Development Plan supports the building of small-scale affordable housing on the edge of existing settlements where there is a local need.

FARM GATES: The large unsightly gates to Tregonnett farm were discussed. Whilst no planning rules have been broken, it was decided to bring this to the attention of the land owner.

CHARITY DONATIONS: It was decided to donate £50 each to the following charities: St Petrocs, Cornwall Air Ambulance, Freddie's Fibre Friends & Callington Food Bank.

REWILDING OF AREAS OF THE RECREATION FIELD: After a site meeting to discuss ideas for limited rewilding of areas of the field, the following changes were agreed: longer times between cutting of hedges, letting grass grow within 1m of hedges, a new hedge close to the hall, a wilder area to the south and a notice explaining the rationale for the changes.

ALLOTMENTS: Three allotments are available for rent. If interested phone 07777 695870.

UPDATE FROM: Cllr. Pete Tunnicliffe Check <u>council meetings</u> at <u>www.south-hill-pc.gov.uk</u> **All communication** Jenny Hoskin (Parish Clerk) 07810 234417 <u>southhillpcclerk@gmail.com</u>
or write to South Hill Parish Clerk, Branston Farm, Bodmin Road, Bodmin PL30 4BB

CHURCH MATTERS: CHANGE

There is a story about a Bishop meeting a Church Warden I heard many years ago, I'm not sure if it's true or not but it's a good story anyway.



The Church Warden, in conversation with a Bishop, happened to mention he had served for nearly 50 years. The Bishop responded by saying: 'Well, I expect you have seen a lot of changes during your term of office'. 'Yes', was the reply, 'and I have opposed every single one of them'.

Some adapt to change better than others, but like it or not, change is a fact of life and the rate of change always seems to be increasing. The church as an institution is not exempt from change and in Cornwall is undergoing radical change at the moment. You may have heard of 'On the Way', the label the church in Cornwall has given this process of change. It involves individual parishes like Linkinhorne, Stoke Climsland, South Hill and Callington (already grouped together) being formed into larger groups with one Rector (priest) looking after them.

Of necessity, individual parishes, individual congregations, in these larger groupings will need local leaders entrusted with the day-to day running and leading of local churches and responsible to the Rector who has oversight of the group. Many of these leaders have been in place for some time 'unofficially' but the intention is to officially recognise this role.

Training of local leaders is in progress as is preparing rectors for a position of oversight. It's worth noting that there are no plans at present to close any church buildings which will remain open as long as there are local congregations and communities able to maintain them.

So far I have referred to changes affecting the institution of the Church of England in Cornwall. What I find most encouraging, however, is that the 'On The Way' initiative recognises that without a change at a personal level in the people who are the Church, any institutional changes are pointless.

The true Church comprises those who seek to follow Jesus and his teaching: In a nutshell, a love for God (and by implication all that he has brought into being) and for our fellow human beings, love your neighbour as yourself.

Just recently I came across a very interesting quote by Guss Speth, an American environmental lawyer who co-founded the National Resources Defence Council and became Dean of the Yale School of Forestry and Environmental Studies:

'I used to think the top environmental problems were biodiversity loss, eco system collapse and climate change. I thought that with 30 years of good science we could address these problems. But I was wrong. The top environmental problems are selfishness, greed and apathy – and to deal with those we need a spiritual and cultural transformation – and we scientists don't know how to do that.'

I suggest that the spiritual and cultural transformation Guss Speth refers to would address many, if not all, of the problems we face today, locally, nationally and globally. I am convinced that the teaching of Jesus and his church (his followers) have a crucial role to play in that transformation.

Brian Norris

Parish contacts list:

Church. St. Sampson's Judith Ayres

stsampsonssouthhill@gmail.com

Connection Ali Humphreys 07305 044049

iamalihumphreys@yahoo.com

Cornwall Cllr. Sharon Daw 07837 379305

cllr.sharon.daw@cornwall.gov.uk

Climate Change Group via our Parish Council

Hall Bookings hallbookings@south-hill.co.uk

Hall Chair Chris hallchurch@south-hill.co.uk

Horticultural show Cat catede@hotmail.co.uk

Kids Library Jemma jemthegem@hotmail.co.uk
07376 522139
Quiz hallbookings@south-hill.co.uk

Investment club Nick Easton

Newsletter
Orchard

hallbookings@south-hill.co.uk

editor@south-hill.co.uk

orchard@south-hill.co.uk

Our Parish Councillors contact list
Parish Council Clerk Jenny Hoskin
01208 72789 southhillpcclerk@gmail.com

Piecemakers Elaine 07360 616627 elaineruthbrewer@hotmail.co.uk

Pilates on Wednesday Sarah 01579 532606 smjlodge@hotmail.co.uk

Pilates Judy <u>jbuntrocklowe15@gmail.com</u>
Recycling for Charity project Ali

SHARE SHARE@south-hill.co.uk

Super Tots Toddler group Katie 07753 102937 Pioneerfamilyworker@outlook.com

TT Taekwondo Dale 07790 763547

Walks Ali iamalihumphreys@yahoo.com

Women's Institute southhillwi@gmail.com

Yoga & Pilates Judy 07870 315 718
Zumba Liz 07484 157706

LizLazenbury@gmail.com

Our Advertisers are listed on our web site here https://south-hill.co.uk/local-advertisers/

Parish Welcome pack > HERE

Regular Hall Events

Mon. 9:30 – 11:30am Super Tots group

Tues. 6:15 – 7:15pm **Yoga** with Judy

3rd Tues. 7:30pm Parish Council meeting

Wed. 9:15am Zumba Fitness with Liz

Wed. 10:20am Pilates with Sarah

1st Wed. Women's Institute 7:15pm

Thur. 7 – 8pm Pilates with Judy

Fri. 6 – 8:30pm TT Taekwondo with Dale

4th Sat. Monthly Charity Quiz starts 7:30pm to book contact hallbookings@south-hill.co.uk

South Hill Piecemakers

 1^{st} & 3^{rd} Mondays 19:40-22:00 and 2^{nd} & 4^{th} Tuesdays 13:30-16:30 and one Saturday a month.

www.southhillparishhall.org/whats-on

Callington Colts Fixtures

The Connection

Online - there are two versions.

- The 'full version' &
- The 'print version'

The Connection website
useful links to the Parish footpaths,
Parish Council, Parish Hall, events etc.

We also have a FB page www.facebook.com/SouthHillParish

These advertisers Live in the Parish

Josh Gosling, Carpentry info@josh.gosling.co.uk Tel. 07954 181042

Billy the Boiler Plumber and heating engineer service@billytheboiler.co.uk

Blue Chip Fish & Chip Shop 30A Fore St., Callington. Tel. 01579 384999

South Hill Handyman Services south-hill-handyman.co.uk
Tel. 07936 156701

AB Pest Solutions
Abpestsolutions2019@gmail.com
Tel. 07895 512874

Clarkes Landscaping, Driveways Man & Digger for Hire Tel. 07865 208262

Kelliwik Garden Services enquiries@kelliwikgardenservices.co.uk Tel. 07931 443532

Sarah Parkyn Photography www.facebook.com/SarahParkynPhotos

Jems Book Shop, Usbourne Books Organiser Tel. 07376 522139 jemsbooks@outlook.com

Phil Coles, Butcher & sales Tel. 01579 362215 Mob. 07796607913

Tregaver Fibre, Wool Fibre tregaverfibre@outlook.com Tel. 07904 647328

Nick the Handyman Tel. 01579 384770 Mob. 07715 606252

House of Colour Natasha.Glasgow@houseofcolour.co.uk find-a-stylist/profile/4850 Tel. 07835 781060

Eversfield Organic, Grocery Delivery. hazelgosling@eversfieldorganic.co.uk eversfieldorganic.co.uk
Tel. 01837 871400

Keadeen Bed & Breakfast & Parkyn Place Campsite www.keadeen.co.uk Tel. 01579 384197

Meaders Cabinet Works & Kitchen Manufacturers. Tel. 01579 383160 / 384114 Mob. 07929 842819

Ash Lamb, Builder & Stonework Tel. 01579 386919 Mob. 07946 235678 Ash.j.lamb@outlook.com

David Skelton, Electrician Tel. 01579 382397 Mob. 07776 386828

SHARE Community Energy Group www.south-hill.co.uk/share SHARE@south-hill.co.uk

Coombe Small Animal Hotel www.smallanimalhotel.co.uk Tel. 01579 363901

Nickie, Bee Beauty Golberdon Massage & Beauty treatments Tel. 07521 981254

Nicola, Rolling Waves Cornish Jewellery www.rollingwavescornishjewellery.co.uk Tel. 07975 965361

These advertisers are close by.

Taw Valley Upholstery tawvalleyupholstery@gmail.com Tel. 01566 786766

Radford Plumbing Kitchen and Bathroom Fitting www.radfordplumbing.co.uk Tel. 01566 782070 Mob. 07825 611580

Honicombe Manor Leisure Membership and Restaurant info@honicombe.co.uk Tel. 01822 258090

Folklore Hiking Sticks Mob. 07500 158514

Rob Williams, Window Cleaning Tel. 01579 384435 Mob. 07990 996886

Callington Fresh Produce Stand South Hill & Redmoor Rd junct. Mob. 07813 157961

Calli Pizza Café Eat in or Take Away Callington Pannier Market Tel. 07861 312 661

Yogurt Hair Design. yogurthairdesign@gmail.com Tel. 01579 383830

Sharon Stallard Independent Celebrant info@ceremoniesandcelebrations.co.uk Tel. 07766 800575

Personal Will Writing anitahutt@gmail.com Tel. 01579 344433

Saffron Grove, Handmade Bags Tel. 01579 371123 www.saffrongrove.com Matt, Trencrom Tree Services Tel. 07762 131377 Mob. 07762 107762

Callington Slimming World Tel. 07463 929696

Darren's Cars, Taxi Service www.darrenscars.com Tel. 01579 556141 Mob. 07861 303101

Bingo Blooms, Florist Feinamerritt@gmail.com www.feinamerritt.wixsite.com Tel. 07814 459515

South Haylands Farm Produce Local Beef and Lamb. southhaylandsfarm@hotmail.com

Dan Hunt, Installation and Technical Support Tel. 01822 834638 07779253719

Fresh Carpet Cleaning Nevil_fresh@msn.com www.fresh-prop.co.uk Tel. 07905 188459 0800 3893393

Security Dynamics info@security-dynamics.co.uk 24- Hour Call Out Tel. 01579 389192 Mob. 07735 362700

Beech Auctions www.beechauctions.co.uk Tel. 01579 383129

Tamar Valley Country Store Animal Feeds & Farm Supplies Tel. 01579 382250 Mob. 07918 854258

PPP Electrical Tel. 01579 208093 Mob. 07969 765176 pppmetherell@gmail.com Gist (Insurance Brokers) Ltd. jeremy.gist@gistinsurance.co.uk Tel. 01579 383456

I fix Kernow. iPhone Repairs info@ifixkernow.co.uk
Tel. 01579 382687
Mob. 07484 858305

New Pumpkin Pie Learning PUMPKINPIE www.pumpkinpielearning.co.uk Call/WhatsApp 07966 614 174

Group Travel Trips & Hire www.grouptravelcoachhire.co.uk Tel. 01208 77989

Cornwall Tile Centre www.cornwalltile.com Tel. 01579 362264

Paint N Print New Rd. Callington Mob. 07708 455 918 paintnprintuk@gmail.com

The South Hill Connection Team welcome any comments on the newsletter and web site.

Please send your Letters to the Editor by the 15th of the month, a newsworthy item, event, article, or a story you would like to share.

email editor@south-hill.co.uk

or text /phone Ali 07305 044049

We now have a FACEBOOK GROUP Where you can easily post or comment on any events, lost pets, road works etc...



www.facebook.com/groups/southhillparish

HAVE A GO and help to put the newsletter together!!

Are there any students that would be interested? Part of DofE?

A person to send reminders to our advertisers and check they pay.

This is done just 3 times a year.

If interested, please email me, Ali at editor@south-hill.co.uk
Or call or text on 07305 044049 Thank you.

Did you spot the April Fool?







Coronation Celebration Event





£5 Tickets in advance

secures a Burger or Hot Dog or Veggie choice and 2 Free drinks from 7pm.
Under 16s can choose one food option and a soft drink.

Cash or Card BAR will serve extra food and drinks.

Tickets available from Ali 07305 044049
Or ask any member of the parish council or parish hall committee.

Music Kindly sponsored by



Volunteers to help set up or clear up needed please.