The South Hill Connection Newsletter

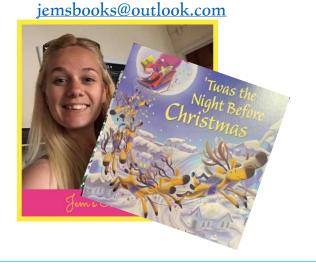
January 2023

Issue 108

Jemma's Online Christmas Market raised £230 worth of gifts for children to receive in the Christmas food hampers distributed by Callington Foodbank for families in need. Thank you all for your support.



200 books wrapped and delivered to Callington Foodbank.



A Christmas present for St. Sampsons. we have been awarded funding for the church porch stonework repairs from:

- Cornish Historic Churches Trust £1000
- Rural church Repair Fund £1000
- National Churches Trust £2500

Many thanks to these funders.



As we move into a NEW YEAR we reflect over the past year, remembering those we have lost, events we have celebrated, milestones accomplished and plans for the future... Some plans we know we have no hope of doing, or promises we know we won't keep, but we still make them.

Maybe THIS Year!

Monthly Charity QUIZ Saturday
January 28th arrive at 7:15 for 7:30pm start

This month will be supporting Darren's Cars taking supplies to Ukraine



The Connection are looking for a guest Editor, someone that would like to help or have a go at putting the newsletter together.

Plus

A person to send reminders to our advertisers and check they pay.

This is done just 3 times a year.

If interested, please email me, Ali at editor@south-hil.co.uk
Or call or text on 07305 044049 Thank you

Thank you.

Reflecting on 2022

Russia invaded Ukraine, many people have been killed and displaced, some finding their way to homes around our parish. As a consequence oil and food prices rose to record highs

COVID-19 restrictions were lifted, up, Climate Crisis, Cost-of-Living Crisis and with it protests, blockades and strikes.

Storms & Flooding & Heatwave, record temperatures here and a hose pipe ban. An earthquake between Afghanistan and Pakistan, killed over 1, 000 people. A series of heatwaves from July to August hit Europe, causing at least 53,000 deaths and causing wildfires, travel disruptions, and record high temperatures in many countries.



We've heard more about Black Lives Matter & Bird Flu.

After 70 years on the throne, marked by her Platinum Jubilee celebrations, Queen Elizabeth II died on 8th September at the age of 96. September 10th Charles III is formally proclaimed King.

Other world leaders died: Shinzo Abe, Mikhail Gorbachev, & Jiang Zemin, plus entertainers Sidney Poitier, Olivia Newton-John, Angela Lansbury, Jerry Lee Lewis, Dennis Waterman, Barry Cryer, Robbie Coltrane, Kirstie Alley, Leslie Phillips, Bernard Cribbins, James Caan, Lester Piggott, Shane Warne, Meat Loaf, Janice Long, Bill Turnbull, Christine McVie, Jethro

Boris Johnson resigned as Prime Minister, Liz Truss was elected as his successor in September, quit 50 days later, and was replaced by Rishi Sunak.

In February The Winter Olympics were held in Beijing, China, making it the first city ever to host both the Summer and Winter Olympics.

May 14th The Eurovision Song Contest UK entry performed by Sam Ryder finished in second place and it felt like a win behind the winners from Ukraine.

July England hosted EURO 22 Women's UEFA and won.

October 28th Elon Musk completes his \$44 billion acquisition of Twitter

December FIFA World Cup held in Qatar, Argentina beat France in the final

Looking back over the Queens life 1926 - 2022

Monthly QUIZ

Everyone welcome, come and join a team on the night.

South Hill Parish Hall, Golberdon.

Bring Your Own drinks & nibbles

QUIZ NIGHTS - 7:30pm start Fourth Saturday of every month.

Raffle prizes always welcome.

Teams of 4-6 £2 per person.

USE THE HALL FOR FREE. RUN YOUR OWN QUIZ
Raise money for YOUR club / charity / group.

Book YOUR Saturday. hallbookings@south-hill.co.uk

Jan. 28 th	Darren	Cornwall sending love to Ukraine
Feb. 25 th	Jenna	Callington Spectra Project
Mar. 25 th		

Bits & Bobs for Hedgehogs, Hedgehog Rescue

A Big Thank You to everyone who came to the quiz, I didn't expect so many people to turn out on such an awful night. I'd also like to thank the local Callington shops, businesses & quiz team members who donated raffle prizes & helped us raise £240. We will be able to buy another Nebuliser, antibiotics & painkillers for the rescue thanks to everyone's generosity.



Chris Bond xchrisbond@hotmail.co.uk 01584 890801

Cornwall and Devon Sending Love to Ukraine

We have now completed EIGHT convoy runs plus some individual runs (a total of nearly 90 vans and nearing 200 tonnes of aid) and we are so grateful to everyone who has joined this worthy cause. Please support us in any way that you can as we continue to send aid to Ukraine, the vast majority of which was given by the generous people of Cornwall and Devon. The returning vans have also brought 45 refugees to safety in the UK.

UKRAINE

Donations are taken to a Ukrainian contact in Warsaw who then arranges for the goods to be transported across the border. Most recently, aid has been directed to liberated towns in the Donbas region.

The organiser of the convoys, **Darren Tait** said "donations are helping, and making a difference to the quality of life of people in truly desperate situations."

The ninth convoy will leave on 2nd February 2023 and will take everything from nappies to generators and frontline medical supplies.

The main collection depot is at Goodwood Emporium, 12 Tavistock Rd, Callington PL17 7BG between Tesco and Callington Fore St. traffic lights. 01579 556141

https://sendinglovetoukraine.org Go Fund Me donation page



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And list at the back of the Newsletter

The New Social & Games Evenings At The Parish Hall.

We've had a lot of fun.
There have been more people from outside the parish than within.
So we have decided to stop this event.
If you feel you would like this to continue on the 2nd Monday of each month or another time, contact Ali
Text 07305 044049 or email iamalihumphreys@yahoo.com

WARM SPACES

As well as our own hall events

The Mustard Seed in Callington is open
10am – 4pm Mon-Fri offering free tea.
Plus
Millennium House, Pensilva is open
9am – 4pm Mon - Fri
and
St Ive Village Hall on Wednesdays offer a
Free hot lunch.

Liskerrett Centre, Varley Rd. PL14 4AP

Sat. 14th January from 1 – 4pm



Coming Up for 2023

St. Ive Village Hall PL14 3LZ

www.facebook.com/events/1559443644503036

Bring your broken electrical items, small items of furniture, upholstery, clothing or any household objects that might need fixing. Come and meet others, have a cuppa, cake & chat and learn how to restore rather than buy. There will also be video tutorials available and some friendly faces if you want to have a go at something yourself.

There will be no charge; a small donation for hot drinks and cakes welcome.

Contact Sally Richards sally@trethannas.co.uk 07827 501490

Events Programme

Table Top/ Craft Stalls and Refreshments

Saturday 28th January 11am until 1pm Tables need to be booked Amanda: 07703393070

Italian Night

Lasagne supper and a game of Skittles Raffle Saturday 25th February 7pm start Adults £5 Child £2



The SHARE Management Committee wish you a Happy New Year in 2023.

We now have a **thermal imaging camera**, as discussed at recent meetings. This will help households to assess where and how they could improve their home energy usage.

We will be introducing **our next project** to our membership for discussion and approval. This could be an **exciting sustainability venture** for the Parish. There will be a SHARE meeting about this, and more, in February.

The latest Which? Sustainability Newsletter included a bit of an eye-opener - <u>The cheapest</u> and most energy efficient way to cook: air fryer, oven or pressure cooker?

St Sampson's Unlocked

I'm writing this before Christmas, but you will be reading it in January when Christmas is over. We will have had our Carols by candlelight, our Supertots jingle ring and our messy tingle. But the restoration project marches on regardless of the season!



Our plans are drawn up and available for viewing if requested. They include a hideaway kitchen, a toilet, repairing the roof and ceiling and creating a meeting room in the Manaton Chapel.

The faculty (Church of England planning permission) has been submitted, It is a lengthy process. The relevant statutory bodies have had their say. Historic England, The Victorian Society, The Society for the Protection of Ancient buildings & Historic Buildings and Places. The first formal round of consultation will have ended by now and the next stage started with possible changes to the plans in response to comments and objections from these organisations.

At the same time planning permission has been sought from Cornwall County Council for an air source heat pump to provide underfloor heating in the Manaton chapel, heating behind the Altar and in the proposed new toilet in the base of the tower.

As an eco church we are looking to be as sustainable as possible.

It is an ambitious vision, which is slowly happening. The windows are 75% restored, the bells dismantled and taken from the tower awaiting more funding for restoration and rehanging. Funding is presently being sought for external masonry repairs and west door repairs. Solutions and quotes for heating are being requested.

There are a lot of challenges to overcome, meeting the exacting specifications of restoring a grade 1 listed building and of course the funding of this community project. We are looking to the future as well as making the building more useable now. If we want to see our local church still here serving the community in years to come, then we need to get our restoration done well.

In 2018 the community completed a survey and many attended a community meeting. Over 100 ideas were suggested, and these are at the heart of what St Sampson's wants to achieve for the community.

It is a right for everyone in the parish to use St Sampson's Church for baptisms, marriages, funerals and much else.

It is your church and has been here for the community in its present form since 1333 and probably founded much earlier by St Sampson in the 5thC.

South Hill Parish is a generous and wonderful community and St Sampson's is proud to be part of it.

St Sampsons Unlocked. Restore St Sampson's Church - JustGiving



South Haylands Produce

Graham and I had the honour of attending a reception at St. James' Palace, London in December. A farewell from the 24th Duke of Cornwall, His Majesty King Charles and an introduction to the 25th Duke and Prince of Wales, Prince William.

The Palace was beautiful, we had bubbles and canapés a plenty and **Graham even got a handshake from the King after he recognised us from a previous engagement** (once seen never forgotten). Great company to travel with, meeting new contacts and discussing the 'future of farming'. **A wonderful day.**

His Majesty has built up such a successful legacy which, as said by himself, Prince William has a hill to climb, to continue the great work, compassion and commitment his Father laid before. After a very heart felt goodbye from King Charles, we could all feel how sorry he was to be handing over this part of his life, such a large part and for so long. But are all certain of his faith, that it is in safe hands for the future.

A massive thank you to everyone who made it possible for us to attend with childcare and popping in to check the stock. You made it possible!

Not a bad day, despite the 4am start with the animals!!

Lucy Penney southhaylandsfarm@hotmail.com

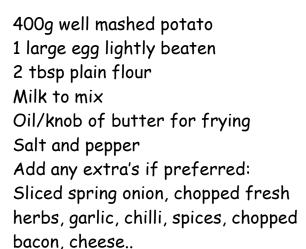


TAKE THIS GREAT QUIZ



RECIPE OF THE MONTH

POTATO CAKES





METHOD

Mix all ingredients together adding a little milk if too stiff (add any extras if required) Roll on a floured surface until 2cm thick, cut into rounds

Heat oil and butter in a large frying pan and cook rounds in batches over medium heat for approx. 4 mins each side until crisp and golden

South Hill Parish Council

Details of the P.C meeting held on 20th December 2022 included the following:

BUDGET: Details were reviewed regarding the expected overspend for year 2022/23. The budget for 2023/24 was reviewed and the precept discussed. In the light of these discussions the precept for 23/24 will increase somewhat but remain still below 20/21 levels and include no new project spending.

PLAY AREA EQUIPMENT: The dual swing: one safety seat for toddlers and one normal seat has been purchased and erected in the play area, in front of the tree. The Chairman thanked Cllr. Harriet Curtis for her efforts in this regard.



DEFIBRILLATOR: The new defibrillator has been ordered, expected in January. The cabinet will remain unlocked which is the ambulance service preference, it is understood that this will not affect insurance.

WINTER WEATHER: The Parish Council has a supply of salt for use on public roads. If needed, parishioners should contact the Council. The possibility of obtaining grit bins was discussed.

The Parish Council Chairman is Councillor Daniel Smith danielsmithshpc@gmail.com

GRANITE TROUGH: CORMAC have **refused** to site the tough in the agreed location, just below Lamberts Well, determined by site visit. The Parish Council will request by letter the reasons from CORMAC.

VACANCY of PARISH COUNCILLOR: Notices have been issued and posted on notice boards, informing the public of the vacancy arising from the resignation of Cllr. Liz Moir.

UPDATE from: Cllr Pete Tunnicliffe (for fully accurate information as to council meetings readers should consult the minutes of council meetings at www.south-hill-pc.gov.uk)

Communications should be directed to Jenny Hoskin (Parish Clerk)
Telephone 07810 234417 or email southhillpcclerk@gmail.com or you can write to: South Hill Parish Clerk: Branston Farm, Bodmin Road, Bodmin. PL30 4BB

The next full Parish council meeting will be Tuesday **January 17**th 7:30pm start in the Parish Hall Golberdon. Members of the public are always welcome.



Recycling for Charity Project

Recycling helps to conserve natural resources. We CAN all work together to recycle more.



Aluminum can be recycled over and over, countless times.

Help us to collect as many Drinks Cans as possible and raise money for our recycling project in the parish.

Flatten your cans to save space please. Bring to Green Meadows or the bag by the footpath at Lower Moorland View to Trewoodloe Lane.

Want to visit the Council Recycling Centre and Incinerator at St. Denny's, Bodmin? This would during the week. All welcome. There is some walking and stairs. Email SHARE@south-hill.co.uk or call/text Ali 07305 044049

Corks. Callington Primary school would love your corks, drop into reception.



Empty Sweet tubs **before Feb. 15**th
Can be dropped to Green Meadows or
Tamar Valley stores, Kelly Bray



Recycle stamps!

Your used postage stamps raise money for EAST CORNWALL SEARCH AND RESCUE team.

All stamps accepted Leave a paper edge.

or FB group

Green Meadows, 200 yards from Golberdon crossroads on the South Hill road. For a full list of items we collect www.south-hill.co.uk/charity-recycling



Church Matters

'I DON'T BELIEVE IN GOD'

I expect many, like myself', have heard this response when the conversation turns to church, religion or faith. On occasions I have responded by asking what kind of god they don't believe in. Invariably I end up agreeing with them; I don't believe in the kind of god they describe either.

The writers of the Bible, particularly the psalms, see their God as indescribable and beyond human comprehension but cite what can be observed in the world around us and the wider universe as providing evidence for His existence (Psalm 19 and Romans 1 for instance).

In short, the 'why' and the 'who' behind the 'what' and the 'how' that science focusses on.

Christians believe that there is a creator and designer behind what we observe and a purpose to its existence, basing their beliefs on the wisdom of centuries recoded in the Bible.

Interestingly, the case for there being a design behind what we observe has been strengthened since science has understood that the universe is neither infinite nor always existed. A finite universe which had a beginning puts limits on the probability of an event occurring. For instance, some statisticians have calculated that the probability of even the simplest life form appearing by chance is so small as to be discounted as a possible explanation for its existence!

So, does this leave Christians with a remote and inaccessible God? Not at all! The Christian God is one who reveals Himself to those who are searching for Him. That revelation comes through the world around us, through the wisdom revealed to the Bible's writers and ultimately through Jesus.

CS Lewis once wrote: 'A man who was merely a man and said the sort of things Jesus said would not be a great moral teacher. He would either be a lunatic—on a level with the man who says he is a poached egg—or else he would be the Devil of Hell. You must make your choice. Either this man was, and is, the Son of God: or else a madman or something worse.... You can shut Him up for a fool, you can spit at Him and kill Him as a demon; or you can fall at His feet and call Him Lord and God. But let us not come up with any patronising nonsense about His being a great human teacher. He has not left that open to us. He did not intend to." Mere Christianity.

What do you believe?

Are the claims of Jesus those of a madman or is he who he claims to be? If the former, Jesus and Christianity are totally irrelevant. If the latter, then who Jesus is and what he teaches are of the utmost importance, a matter of life and death in fact!

Perhaps 2023 is the year to decide which side of the fence you are on. The following video may help in the process:

Alpha with Nicky Gumbel / Episode 02 / Who Is Jesus - YouTube https://www.youtube.com/watch?v=IeJYOSuHZw4

Parish contact list:

Barre & Belly Dancing Jill 07850 043490

Jill_fothergill@outlook.com

Church St Sampson's Judith Avres

Church. St. Sampson's Judith Ayres stsampsonssouthhill@gmail.com

Connection Ali Humphreys 07305 044049 iamalihumphreys@yahoo.com

Cornwall Cllr. Sharon Daw 07837 379305 cllr.sharon.daw@cornwall.gov.uk

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Hall Chair Chris hallchurch@south-hill.co.uk
Horticultural show Cat catede@hotmail.co.uk

Investment club Nick Easton

Kids Library Jemma jemthegem@hotmail.co.uk 07376 522139

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Newsletter <u>editor@south-hill.co.uk</u>
Orchard <u>orchard@south-hill.co.uk</u>

Our Parish Councillors contact list

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elaineruthbrewer@hotmail.co.uk

Pilates on Wednesday Sarah 01579 532606

smjlodge@hotmail.co.uk

Pilates Judy <u>jbuntrocklowe15@gmail.com</u>

Recycling for Charity project lead Ali

SHARE SHARE@south-hill.co.uk

Social Games evening Monthly Monday Ali

Super Tots Toddler group Katie

mindfulmumma38@aol.com

TT Taekwondo Dale 07790 763547 Walks Ali <u>iamalihumphreys@yahoo.com</u> Women's Institute <u>southhillwi@gmail.com</u>

Yoga & Pilates Judy 07870 315 718

Zumba Liz 07484 157706

LizLazenbury@gmail.com

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Regular Hall Events

Mon. 9:30 – 11:30am Super Tots group

2nd Monday 7 – 10pm Social Evening

Tues. 6:15 – 7:15pm **Yoga** with Judy

3rd Tues. 7:30pm Parish Council meeting

Wed. 9:15am Zumba Fitness with Liz

Wed. 10:20am Pilates with Sarah

1st Wed. Women's Institute 7:15pm

Thur. 7 – 8pm Pilates with Judy

Fri. Belly Dancing 9:55am followed by Barre at 11am with Jill

Fri. 6 – 8:30pm TT Taekwondo with Dale

4th Sat. Monthly Charity Quiz starts 7:30pm to book contact hallbookings@south-hill.co.uk

South Hill Piecemakers

 1^{st} & 3^{rd} Mondays 19:40-22:00 and 2^{nd} & 4^{th} Tuesdays 13:30-16:30 and one Saturday a month.

www.southhillparishhall.org/whats-on

The Connection

Online - there are two versions.

- The 'full version' &
- The 'print version'

The Connection website useful links to the Parish footpaths, Parish Council, Parish Hall, events etc.

We also have a FB page www.facebook.com/SouthHillParish

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The South Hill Connection

We welcome any comments on the newsletter and web site.

Please send your Letters to the Editor, a newsworthy item, event, article or a story you would like to share email editor@south-hill.co.uk or text /phone Ali 07305 044049

The Connection website useful links to the Parish footpaths, Parish Council, Parish Hall, events etc.

We also have a FB page www.facebook.com/SouthHillParish



Start the New Year off with a bang!!
And WELCOME 2023
From The Connection Team