

A Very Warm Welcome to South Hill Parish.

This pack is intended to help you feel at home, settle in quickly, make new friends and find your way around.

FREE INTERNET HERE

South Hill Parish Hall, PL17 7ND (at Golberdon crossroads).

www.southhillparishhall.org/whats-on

DEFIBRILLATOR HERE
Take a MOBILE PHONE.

Activities

Mon. 8:30 – 12:30 – JAMM. Baby & toddler playgroup. Tel. 07984 199930 amywheelerfamlead@icloud.com

Wed. AM – Zumba Fitness. Tel. 07484 157706. LizLazenbury@gmail.com

Thurs. & Fri. AM & PM Moondance (for children) Tel. 07527 717408 moondancestudio@yahoo.com

Fri. 18:00 – 20:30 – TT Taekwondo (all ages). www.facebook.com/groups/667639516580555

Tel. 07790 763547 (Dale).

Sun. AM toddler football & other football.

Enjoy walking the lanes and footpaths here are some suggestions <https://south-hill.co.uk/footpath-walks/>

Boardgames. 1st & 3rd Thursdays 19:30. Tel. 07474 329303 mark@markbeazley.co.uk

Charity Quiz Night 4th Saturday 19:30 hallbookings@south-hill.co.uk

Groups

South Hill Piece-makers – Sewing and Quilting. 1st & 3rd Mon and 2nd & 4th Tue piecemakers@south-hill.co.uk

Women's Institute – Everyone is welcome to join this friendly group. 1st Wed 7:15pm. southhillwi@gmail.com

Parish Council – 3rd Tuesday. 19:30 southhillpcclerk@gmail.com www.south-hill-pc.gov.uk

Horticultural Show 3rd Sat in August. **Horticultural Society** – w.howat1@btinternet.com

SHARE – Community Renewable Energy Group. Tel. 01579 383620 share@south-hill.co.uk

St. Sampsons' Church

Rev. Dr. Joe Lannon.



One of five churches in the Callington Cluster of Parishes. A schedule of services is available at <https://www.callingtoncluster.org.uk/calendar/>
Or contact warden judithayers@yahoo.co.uk

The South Hill Connection, <http://south-hill.co.uk>, is our parish's FREE newsletter, packed with LOCAL TRADESMEN <https://south-hill.co.uk/local-advertisers/>.

Available monthly by email or in printed format from editor@south-hill.co.uk. The friendly editors Alison and Areina are always happy to help if you have any questions or would like to volunteer.

Doctors.

Tamar Valley Health Centre. Haye Road, Callington. PL17 7AW (they also own the practice in Gunnislake).

Tel. 01579 382666 www.tamarvalleyhealth.co.uk/new-patients

Pensilva Health Centre. School Road, Pensilva, Liskeard. PL14 5RP

Tel. 01579 362249 <http://oaktreesurgeryandpensilvahc.co.uk>

Hospital.

Liskeard Community Hospital (with Minor Injury Unit) at Clemo Rd. Liskeard. PL14 3XD (6 miles).

Tel. 01579 373500 <https://www.cornwallft.nhs.uk/liskeard-community>

Launceston Hospital (with Minor Injury Unit), Link Rd. Launceston. PL15 9JD (7 ½ miles)

Tel. 01566 761000 <https://www.cornwallft.nhs.uk/launceston-community>

Derriford Main Hospital (with Emergency Dept.), Plymouth. PL6 8DH (13 mi). Tel 01752 202082 <http://www.plymouthhospitals.nhs.co.uk>

Dentists.

Please visit <https://westcountrydentalcare.co.uk>

Veterinary Services.

Calwetton Vets. Tel. 01579 383231

www.calwettonvets.com

Castle Vets. Tel. 01566 772211

www.castleveterinarygroup.co.uk

Glebe Vets. Tel. 01579 371295

www.glebevets.co.uk

Remember to update your pets micro-chip details.

Bus. The 235 bus from Callington stops at Maders, Golberdon and St. Sampson's Church, Bray Shop and goes to Launceston and back <https://www.gocornwallbus.co.uk/services/TFCN/235?date=2022-04-12&direction=outbound>

Education. <https://www.compare-school-performance.service.gov.uk/schools-by-type?step=default&table=schools®ion=908&la-name=cornwall&geographic=la&for=secondary>

A school bus service serves South Hill parish and runs to Callington primary and secondary schools.

Fuel.
OIL – A FREE to join, community oil buying group is run by Kim Howat. Tel. 01579 384054 w.howat1@btinternet.com

LOGS – SHARE community group supply firewood and kindling. Tel. 07305 044049 share@south-hill.co.uk

Takeaways.

[Balti King Curry House](#). PL17 7BE Tel. 01579 383818

[Ming Kitchens](#). PL17 7AA Tel. 01579 388853

[Castle Pizza](#). PL17 7AQ Tel. 01579 384200

[Blue Chip Fish & Chips](#). PL17 7AD Tel. 01579 384999

Supermarkets / fuel. [Tesco PL17 7RD](#) [Morrisons PL14 3PR](#)
[Sainsburys PL3 6RL](#) (all including fuel).
[Waitrose PL12 6LD](#) [Marks & Spencer PL15 9DJ](#) (fuel nearby).

Post Offices.

133 Launceston Rd., Kelly Bray. PL17 8DU
Tel. 01579 382212

(N.B. Park at top of Redmoor Road, then it's just around the left-hand corner).

Spar (inside), Fore Street, Callington.
PL17 7AD. Tel. 01579 388757

Stoke Climsland shop (inside; also takes Dry Cleaning). PL17 8NY. Tel. 01579 370201

Millennium House (inside), Princess Rd., Pensilva, Liskeard PL14 5NF. Tel. 01579 363096

Library – Coronation Road. Callington. PL17 7DR (Attached to the Community College).

<https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/your-local-library/callington-library>

Callington Town Hall – Wednesday a.m. Country Market. Plus, many other activities and information.
New Road, Callington. PL17 7BD Tel:01579 384039 <https://callington-tc.gov.uk>

Waste Disposal

Household Recycling & Waste Collection

Refuse is collected weekly. Recycling is fortnightly.

Please see www.cornwall.gov.uk for dates.

Order recycling boxes and coloured recycling bags from

https://secure.cornwall.gov.uk/selfservice/citizenportal/form.aspx?form=Request_Recycling_Equipment&tmpl=Request_Recycling_Containment

Recycling centres

Tamar View Industrial Estate, Saltash. PL12 6UA.

Pennygillam Industrial Estate, Launceston. PL15 7PH.

South Hill has a **Recycling for Charity Project** for packaging NOT taken by the Council. www.south-hill.co.uk/charity-recycling

Clothing & Textile recycling bin at The Fire Station, South Hill Rd. Callington. PL17 7LG.

Septic Tank Emptying

R & A Cleansing Services PL17 8QR Tel. 01566 782852

Charity Shops

St Lukes Hospice, 4 Fore Street, Callington, Cornwall. PL17 7AA.

Accept, collect and sell good quality unwanted furniture etc.

<https://www.stlukes-hospice.org.uk/furniture-collection-service>
<https://www.stlukes-hospice.org.uk>

Oxfam - 10/15/16, Pannier Market, Callington PL17 7AD

<https://www.oxfam.org.uk/shops/oxfam-shop-callington>

Secondhand Items (to buy or sell).

Auction House – Beech Park, South Hill Rd. Callington PL17 7LG

admin@beechauctions.co.uk

Tel. 01579 383129

<https://beechauctions.co.uk>

Goodwood Emporium, 12 Tavistock Rd PL17 7BG Callington. Tel. 07763 312111

Facebook pages <https://www.facebook.com/SouthHillParish>
<https://www.facebook.com/groups/OneCallington>

Trewartha Gregory & Doidge, Hardware Store, 6-7 Church St., Callington PL17 7AP. (Sell almost everything).

Tamar Valley Stores. Groceries (milk, bread etc.). Animal Feed & Farm Store. Beeching Park, Kelly Bray, PL17 8QS. Tel. 01579 382250.

Callington Fresh Produce (roadside stall). Vegetables etc. South Hill Rd., PL17 7LH. Tel. 07813 157961.

Newspaper shop and delivery. Paper Phil. 1 New Rd., Callington. PL17 7AE. Tel. 07980 296003.

<https://www.facebook.com/PaperPhils>